

2013 State Profile — New Hampshire

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Hampshire, 55 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 6,702 clients in substance abuse treatment on March 29, 2013. The survey response rate in New Hampshire was 94.8%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	40	72.7	4,214	63.1	408	99.8
Private for-profit	13	23.6	2,462	36.9	1	0.2
Local, county, or community government	--	--	--	--	--	--
State government	1	1.8	^	^	--	--
Federal government	1	1.8	^	^	--	--
Tribal government	--	--	--	--	--	--
Total	55	100.0	6,676¹	100.0	409	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	52	94.5	3,018	45.0	258
Clients with drug abuse only	45	81.8	2,804	41.8	262
Clients with alcohol abuse only	47	85.5	880	13.1	78
Total	55		6,702	99.9	598

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: --.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	44	80.0	6,326	94.4	41	400	97.8
Regular	39	70.9	2,852	42.6	22		
Intensive	19	34.5	363	5.4	9		
Day treatment/partial hospitalization	5	9.1	66	1.0	19		
Detoxification	13	23.6	468	7.0	--		
Methadone/buprenorphine maintenance or Vivitrol®	12	21.8	2,577	38.5	174		
Residential (non-hospital)	17	30.9	367	5.5	14	9	2.2
Short term (<30 days)	12	21.8	136	2.0	10		
Long term (30+ days)	13	23.6	222	3.3	10		
Detoxification	8	14.5	9	0.1	--		
Hospital Inpatient	3	5.5	9	0.1	2	--	--
Treatment	1	1.8	--	--	--		
Detoxification	3	5.5	9	0.1	2		
Total	55		6,702	100.0	40	409	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.6
Clients in Facilities with OTPs		
Methadone	2,340	88.1
Buprenorphine	6	0.2
Vivitrol®	--	--
Clients in Facilities without OTPs		
Buprenorphine	305	11.5
Vivitrol®	5	0.2
Total	2,656	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	52	94.5
Private health insurance	31	56.4
Medicare	17	30.9
Medicaid	32	58.2
State-financed health insurance	9	16.4
Federal military insurance	15	27.3
No payment accepted	2	3.6
Access to Recovery (ATR) vouchers ²	27	49.1
IHS/638 contract care funds	2	3.6
Other payments	--	--
Sliding fee scale	33	60.0
Treatment at no charge for clients who cannot pay	28	50.9

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	49	89.1
State substance abuse agency	38	69.1
State mental health department	22	40.0
State department of health	24	43.6
Hospital licensing authority	4	7.3
The Joint Commission	5	9.1
Commission on Accreditation of Rehabilitation Facilities	16	29.1
National Committee for Quality Assurance	--	--
Council on Accreditation	2	3.6
Other state/local agency/organization	3	5.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	36	65.5

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	54	98.2
Screening for substance abuse	53	96.4
Screening for mental health disorders	42	76.4
Comprehensive substance abuse assessment or diagnosis	51	92.7
Comprehensive mental health assessment or diagnosis	28	50.9
Screening for tobacco use	34	61.8
Outreach to persons in the community who may need treatment	31	56.4
Interim services for clients when immediate admission is not possible	26	47.3
No services offered	1	1.8
Testing	39	70.9
Breathalyzer or other blood alcohol testing	36	65.5
Drug or alcohol urine screening	39	70.9
Screening for Hepatitis B	15	27.3
Screening for Hepatitis C	15	27.3
HIV testing	12	21.8
STD testing	11	20.0
TB screening	15	27.3
No services offered	10	18.2
Counseling	55	100.0
Individual counseling	54	98.2
Group counseling	48	87.3
Family counseling	47	85.5
Marital/couples counseling	31	56.4
Transitional Services	54	98.2
Discharge planning	54	98.2
Aftercare/continuing care	48	87.3
No services offered	1	1.8
Pharmacotherapies	30	54.5
Disulfiram (Antabuse®)	8	14.5
Naltrexone (oral)	10	18.2
Vivitrol® (injectable Naltrexone)	6	10.9
Acamprosate (Campral®)	9	16.4
Nicotine replacement	10	18.2
Non-nicotine smoking/tobacco cessation medications	9	16.4
Medications for psychiatric disorders	20	36.4
Methadone	8	14.5
Buprenorphine with naloxone (Suboxone®)	9	16.4
Buprenorphine without naloxone	4	7.3
No services offered	20	36.4
Ancillary Services	55	100.0
Case management services	46	83.6
Social skills development	37	67.3
Mentoring/peer support	30	54.5
Child care for clients' children	3	5.5
Assistance with obtaining social services	25	45.5
Employment counseling or training for clients	18	32.7
Assistance in locating housing for clients	21	38.2

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	15	27.3
Early intervention for HIV	14	25.5
HIV or AIDS education, counseling, or support	31	56.4
Hepatitis education, counseling, or support	26	47.3
Health education other than HIV/AIDS or hepatitis	27	49.1
Substance abuse education	53	96.4
Transportation assistance to treatment	13	23.6
Mental health services	31	56.4
Acupuncture	2	3.6
Residential beds for clients' children	3	5.5
Self-help groups	29	52.7
Smoking cessation counseling	21	38.2
No services offered	--	--
Other Services	11	20.0
Treatment for gambling disorder	5	9.1
Treatment for Internet use disorder	4	7.3
Treatment for other addiction disorder	11	20.0
No services offered	35	63.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	53	96.4
Relapse prevention	53	96.4
Cognitive-behavioral therapy	53	96.4
Motivational interviewing	50	90.9
Anger management	40	72.7
Brief intervention	45	81.8
12-step facilitation	43	78.2
Trauma-related counseling	42	76.4
Contingency management/motivational incentives	32	58.2
Rational emotive behavioral therapy (REBT)	19	34.5
Matrix Model	17	30.9
Community reinforcement plus vouchers	3	5.5
Computerized substance abuse treatment/telemedicine	7	12.7
Other treatment approaches	11	20.0

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	14	1
Number of clients ²	330	^
Number of designated beds	368	^
Utilization rate ³	89.7	^
Average number of designated beds per facility	26	^

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	177
Buprenorphine	23
Vivitrol®	*

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	12	21.8
Any language other than English	17	30.9
Non-English Language Provided by:		
Staff counselor only	6	35.3
On-call interpreter only	4	23.5
Both staff counselor and on-call interpreter	7	41.2
Languages Provided by Staff Counselor:¹		
Spanish	12	92.3
American Indian/Alaska Native languages	--	--
Other	4	30.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	45	81.8
Adult women	26	47.3
Clients with co-occurring disorders	25	45.5
Adult men	26	47.3
Criminal justice clients	10	18.2
Adolescents	8	14.5
Persons who have experienced trauma	19	34.5
DUI/DWI clients	12	21.8
Young adults	15	27.3
Persons who have experienced domestic violence	10	18.2
Persons who have experienced sexual abuse	6	10.9
Pregnant or postpartum women	12	21.8
Persons with HIV/AIDS	5	9.1
Veterans	3	5.5
LGBT ¹	2	3.6
Seniors or older adults	6	10.9
Members of military families	3	5.5
Active duty military	3	5.5
Other	6	10.9
No program or group offered	19	34.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues. ‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities

