

## 2017 State Profile — New Hampshire

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In New Hampshire, 67 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 8,631 clients in substance abuse treatment on March 31, 2017. The survey response rate in New Hampshire was 93.2 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	31	46.3	1,728	20.0	49	81.7
Private for-profit	36	53.7	6,903	80.0	11	18.3
Local, county, or community government	—	—	—	—	—	—
State government	—	—	—	—	—	—
Federal government	—	—	—	—	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>67</b>	<b>100.0</b>	<b>8,631</b>	<b>100.0</b>	<b>60</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	53	89.8	1,455	16.9	132
Clients with drug abuse only	52	88.1	6,477	75.0	595
Clients with alcohol abuse only	46	78.0	699	8.1	63
<b>Total</b>			<b>8,631</b>	<b>100.0</b>	<b>791</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>58</b>	<b>86.6</b>	<b>8,235</b>	<b>95.4</b>	<b>432</b>	<b>52</b>	<b>60</b>	<b>100.0</b>
Regular	56	83.6	1,398	16.2	28	29		
Intensive	15	22.4	197	2.3	—	10		
Day treatment/partial hospitalization	4	6.0	142	1.6	—	2		
Detoxification	11	16.4	49	0.6	8	5		
Methadone maintenance	34	50.7	6,449	74.7	428	77		
<b>Residential (non-hospital)</b>	<b>16</b>	<b>23.9</b>	<b>366</b>	<b>4.2</b>	<b>—</b>	<b>18</b>	<b>—</b>	<b>—</b>
Short term (<30 days)	12	17.9	275	3.2	—	13		
Long term (30+ days)	10	14.9	83	1.0	—	8		
Detoxification	5	7.5	8	0.1	—	4		
<b>Hospital inpatient</b>	<b>2</b>	<b>3.0</b>	<b>30</b>	<b>0.3</b>	<b>—</b>	<b>10</b>	<b>—</b>	<b>—</b>
Treatment	2	3.0	—	—	—	—		
Detoxification	1	1.5	30	0.3	—	10		
<b>Total</b>	<b>67</b>		<b>8,631</b>	<b>100.0</b>	<b>432</b>	<b>45</b>	<b>60</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>8</b>	<b>0.6</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	3,469	0.8
Methadone	3,377	0.9
Buprenorphine	92	0.3
Naltrexone	—	—
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	3,497	3.4
Buprenorphine	3,355	4.0
Naltrexone	142	0.7

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	67	100.0
Private health insurance	62	92.5
Medicare	29	43.3
Medicaid	53	79.1
State-financed health insurance	35	52.2
Federal military insurance	34	50.7
No payment accepted	—	—
Access to Recovery (ATR) vouchers <sup>2</sup>	7	10.4
IHS/Tribal/Urban (ITU) funds	—	—
Other payments	—	—
Sliding fee scale	30	44.8
Treatment at no charge for clients who can't pay	25	37.3

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	42	62.7
State substance abuse agency	34	50.7
State mental health department	14	20.9
State department of health	25	37.3
Hospital licensing authority	2	3.0
The Joint Commission	2	3.0
Commission on Accreditation of Rehabilitation Facilities	16	23.9
National Committee for Quality Assurance	—	—
Council on Accreditation	—	—
Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	—	—

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	29	43.3

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	65	97.0
Screening for mental health disorders	51	76.1
Comprehensive substance abuse assessment or diagnosis	65	97.0
Comprehensive mental health assessment or diagnosis	24	35.8
Screening for tobacco use	57	85.1
Outreach to persons in the community who may need treatment	39	58.2
Interim services for clients when immediate admission is not possible	31	46.3
No services offered	1	1.5
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	45	67.2
Drug or alcohol urine screening	58	86.6
Screening for hepatitis B	11	16.4
Screening for hepatitis C	11	16.4
HIV testing	11	16.4
STD testing	10	14.9
TB screening	13	19.4
No services offered	8	11.9
<b>Counseling</b>		
Individual counseling	67	100.0
Group counseling	60	89.6
Family counseling	51	76.1
Marital/couples counseling	30	44.8
<b>Transitional services</b>		
Discharge planning	64	95.5
Aftercare/continuing care	60	89.6
No services offered	1	1.5
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	22	32.8
Naltrexone (oral)	25	37.3
Extended-release, injectable naltrexone/Vivitrol®	21	31.3
Acamprosate (Campral®)	23	34.3
Nicotine replacement	22	32.8
Non-nicotine smoking/tobacco cessation medications	23	34.3
Medications for psychiatric disorders	26	38.8
Methadone	8	11.9
Buprenorphine with naloxone (Suboxone®)	33	49.3
Buprenorphine without naloxone	23	34.3
Buprenorphine subdermal implant (Probuphine®)	1	1.5
No services offered	20	29.9
<b>Ancillary services</b>		
Case management services	52	77.6
Social skills development	48	71.6
Mentoring/peer support	42	62.7
Child care for clients' children	5	7.5
Assistance with obtaining social services	31	46.3
Employment counseling or training for clients	16	23.9

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	25	37.3
Domestic violence services	21	31.3
Early intervention for HIV	15	22.4
HIV or AIDS education, counseling, or support	38	56.7
Hepatitis education, counseling, or support	34	50.7
Health education other than HIV/AIDS or hepatitis	30	44.8
Substance abuse education	65	97.0
Transportation assistance to treatment	15	22.4
Mental health services	36	53.7
Acupuncture	5	7.5
Residential beds for clients' children	1	1.5
Self-help groups	38	56.7
Smoking/tobacco cessation counseling	37	55.2
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	15	22.4
Treatment for Internet use disorder	10	14.9
Treatment for other addiction disorder	19	28.4
No services offered	48	71.6

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	66	98.5
Relapse prevention	65	97.0
Cognitive behavioral therapy	58	86.6
Motivational interviewing	61	91.0
Anger management	53	79.1
Brief intervention	50	74.6
Trauma-related counseling	44	65.7
12-step facilitation	48	71.6
Contingency management/motivational incentives	37	55.2
Dialectical behavior therapy	44	65.7
Rational emotive behavioral therapy	23	34.3
Matrix model	29	43.3
Computerized substance abuse treatment	18	26.9
Community reinforcement plus vouchers	7	10.4
Other treatment approaches	9	13.4

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	13	1
Number of clients <sup>2</sup>	277	10
Number of designated beds	278	15
Utilization rate <sup>3</sup>	99.6	66.7
Average number of designated beds per facility	21	15

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	258
Methadone	251
Buprenorphine	7
Naltrexone	—

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	20	29.9
Any language other than English	30	44.8
<b>Non-English language provided by</b>		
Staff counselor only	5	16.7
On-call interpreter only	17	56.7
Both staff counselor and on-call interpreter	8	26.7
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	10	76.9
American Indian/Alaskan Native languages	—	—
Other	3	23.1

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	46	68.7
Adult women	32	47.8
Clients with co-occurring disorders	22	32.8
Adult men	30	44.8
Clients who have experienced trauma	13	19.4
Criminal justice clients	14	20.9
DUI/DWI clients	12	17.9
Young adults	16	23.9
Adolescents	6	9.0
Clients who have experienced domestic violence	9	13.4
Clients who have experienced sexual abuse	8	11.9
Pregnant or postpartum women	17	25.4
Seniors or older adults	4	6.0
LGBT <sup>1</sup>	3	4.5
Veterans	9	13.4
Clients living with HIV/AIDS	5	7.5
Members of military families	4	6.0
Active duty military	6	9.0
Other	1	1.5
No program or group offered	21	31.3

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

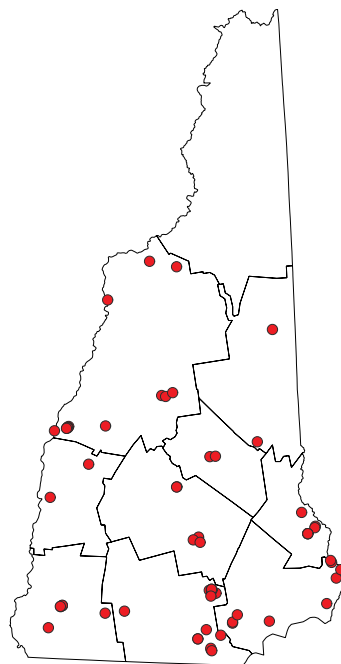
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)