

2017 State Profile — New Jersey

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In New Jersey, 344 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 35,659 clients in substance abuse treatment on March 31, 2017. The survey response rate in New Jersey was 87.1 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	175	50.9	18,994	53.3	614	59.3
Private for-profit	153	44.5	15,139	42.5	356	34.4
Local, county, or community government	10	2.9	782	2.2	65	6.3
State government	4	1.2	473	1.3	1	0.1
Federal government	2	0.6	271	0.8	—	—
Tribal government	—	—	—	—	—	—
Total	344	100.0	35,659	100.0	1,036	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	311	94.8	14,215	39.9	195
Clients with drug abuse only	266	81.1	17,370	48.8	243
Clients with alcohol abuse only	269	82.0	4,024	11.3	54
Total			35,609	100.0	492

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	308	89.5	32,662	91.6	432	45	907	87.5
Regular	294	85.5	10,268	28.8	16	25		
Intensive	225	65.4	5,975	16.8	28	20		
Day treatment/partial hospitalization	79	23.0	2,017	5.7	20	19		
Detoxification	25	7.3	159	0.4	30	11		
Methadone maintenance	94	27.3	14,243	39.9	438	8		
Residential (non-hospital)	46	13.4	2,364	6.6	55	39	129	12.5
Short term (<30 days)	16	4.7	801	2.2	32	36		
Long term (30+ days)	38	11.0	1,355	3.8	80	32		
Detoxification	14	4.1	208	0.6	3	19		
Hospital inpatient	12	3.5	633	1.8	77	37	—	—
Treatment	11	3.2	369	1.0	34	25		
Detoxification	11	3.2	264	0.7	44	19		
Total	344		35,659	100.0	400	45	1,036	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	33	2.5
Clients in facilities with OTPs²		
Any MAT	14,396	3.5
Methadone	14,040	3.7
Buprenorphine	332	1.2
Naltrexone	24	0.7
Clients in facilities without OTPs²		
Any MAT	1,866	1.8
Buprenorphine	1,164	1.4
Naltrexone	702	3.6

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	317	92.2
Private health insurance	222	64.5
Medicare	89	25.9
Medicaid	209	60.8
State-financed health insurance	124	36.0
Federal military insurance	88	25.6
No payment accepted	12	3.5
Access to Recovery (ATR) vouchers ²	6	1.7
IHS/Tribal/Urban (ITU) funds	1	0.3
Other payments	—	—
Sliding fee scale	253	73.5
Treatment at no charge for clients who can't pay	171	49.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	297	86.3
State substance abuse agency	277	80.5
State mental health department	150	43.6
State department of health	134	39.0
Hospital licensing authority	24	7.0
The Joint Commission	66	19.2
Commission on Accreditation of Rehabilitation Facilities	79	23.0
National Committee for Quality Assurance	4	1.2
Council on Accreditation Healthcare Facilities Accreditation Program	16	4.7
Other state/local agency/organization	12	3.5

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	180	52.3

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	330	95.9
Screening for mental health disorders	279	81.1
Comprehensive substance abuse assessment or diagnosis	333	96.8
Comprehensive mental health assessment or diagnosis	230	66.9
Screening for tobacco use	235	68.3
Outreach to persons in the community who may need treatment	195	56.7
Interim services for clients when immediate admission is not possible	148	43.0
No services offered	1	0.3
Testing		
Breathalyzer or other blood alcohol testing	194	56.4
Drug or alcohol urine screening	321	93.3
Screening for hepatitis B	63	18.3
Screening for hepatitis C	74	21.5
HIV testing	93	27.0
STD testing	66	19.2
TB screening	91	26.5
No services offered	17	4.9
Counseling		
Individual counseling	339	98.5
Group counseling	327	95.1
Family counseling	318	92.4
Marital/couples counseling	258	75.0
Transitional services		
Discharge planning	333	96.8
Aftercare/continuing care	310	90.1
No services offered	3	0.9
Pharmacotherapies		
Disulfiram (Antabuse®)	43	12.5
Naltrexone (oral)	107	31.1
Extended-release, injectable naltrexone/Vivitrol®	93	27.0
Acamprosate (Campral®)	67	19.5
Nicotine replacement	79	23.0
Non-nicotine smoking/tobacco cessation medications	56	16.3
Medications for psychiatric disorders	191	55.5
Methadone	32	9.3
Buprenorphine with naloxone (Suboxone®)	92	26.7
Buprenorphine without naloxone	51	14.8
Buprenorphine subdermal implant (Probuphine®)	2	0.6
No services offered	117	34.0
Ancillary services		
Case management services	303	88.1
Social skills development	276	80.2
Mentoring/peer support	164	47.7
Child care for clients' children	23	6.7
Assistance with obtaining social services	220	64.0
Employment counseling or training for clients	148	43.0

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	159	46.2
Domestic violence services	159	46.2
Early intervention for HIV	93	27.0
HIV or AIDS education, counseling, or support	193	56.1
Hepatitis education, counseling, or support	171	49.7
Health education other than HIV/AIDS or hepatitis	196	57.0
Substance abuse education	334	97.1
Transportation assistance to treatment	163	47.4
Mental health services	282	82.0
Acupuncture	9	2.6
Residential beds for clients' children	3	0.9
Self-help groups	158	45.9
Smoking/tobacco cessation counseling	191	55.5
No services offered	—	—
Other services		
Treatment for gambling disorder	118	34.3
Treatment for Internet use disorder	59	17.2
Treatment for other addiction disorder	130	37.8
No services offered	179	52.0

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	341	99.1
Relapse prevention	336	97.7
Cognitive behavioral therapy	335	97.4
Motivational interviewing	324	94.2
Anger management	302	87.8
Brief intervention	292	84.9
Trauma-related counseling	275	79.9
12-step facilitation	305	88.7
Contingency management/motivational incentives	212	61.6
Dialectical behavior therapy	208	60.5
Rational emotive behavioral therapy	213	61.9
Matrix model	150	43.6
Computerized substance abuse treatment	40	11.6
Community reinforcement plus vouchers	30	8.7
Other treatment approaches	16	4.7

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	44	10
Number of clients ²	2,032	445
Number of designated beds	2,324	494
Utilization rate ³	87.4	90.1
Average number of designated beds per facility	53	49

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	160
Methadone	156
Buprenorphine	4
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	47	13.7
Any language other than English	146	42.4
Non-English language provided by		
Staff counselor only	85	58.2
On-call interpreter only	32	21.9
Both staff counselor and on-call interpreter	29	19.9
Languages provided by staff counselor¹		
Spanish	106	93.0
American Indian/Alaskan Native languages	—	—
Other	36	31.6

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	302	87.8
Adult women	213	61.9
Clients with co-occurring disorders	214	62.2
Adult men	195	56.7
Clients who have experienced trauma	159	46.2
Criminal justice clients	146	42.4
DUI/DWI clients	133	38.7
Young adults	149	43.3
Adolescents	117	34.0
Clients who have experienced domestic violence	116	33.7
Clients who have experienced sexual abuse	119	34.6
Pregnant or postpartum women	103	29.9
Seniors or older adults	100	29.1
LGBT ¹	96	27.9
Veterans	90	26.2
Clients living with HIV/AIDS	91	26.5
Members of military families	59	17.2
Active duty military	48	14.0
Other	14	4.1
No program or group offered	42	12.2

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

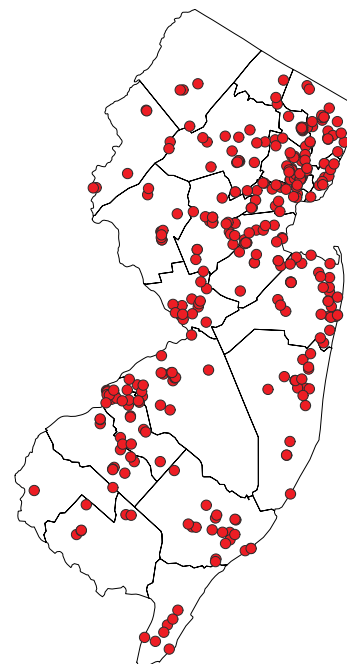
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data