

2017 State Profile — New Mexico

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In New Mexico, 136 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 18,808 clients in substance abuse treatment on March 31, 2017. The survey response rate in New Mexico was 83.7 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	60	44.1	6,588	35.0	672	56.0
Private for-profit	44	32.4	9,220	49.0	177	14.8
Local, county, or community government	3	2.2	829	4.4	28	2.3
State government	5	3.7	382	2.0	80	6.7
Federal government	4	2.9	208	1.1	80	6.7
Tribal government	20	14.7	1,581	8.4	162	13.5
Total	136	100.0	18,808	100.0	1,199	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	116	90.6	7,603	40.4	434
Clients with drug abuse only	107	83.6	7,739	41.2	472
Clients with alcohol abuse only	107	83.6	3,464	18.4	195
Total			18,806	100.0	1,100

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	123	90.4	18,141	96.5	390	53	1,085	90.5
Regular	113	83.1	10,076	53.6	180	49		
Intensive	53	39.0	1,155	6.1	—	19		
Day treatment/partial hospitalization	8	5.9	50	0.3	—	12		
Detoxification	16	11.8	843	4.5	260	5		
Methadone maintenance	30	22.1	6,017	32.0	379	33		
Residential (non-hospital)	20	14.7	605	3.2	—	16	114	9.5
Short term (<30 days)	11	8.1	54	0.3	—	10		
Long term (30+ days)	14	10.3	251	1.3	—	16		
Detoxification	8	5.9	300	1.6	—	8		
Hospital inpatient	5	3.7	62	0.3	—	14	—	—
Treatment	3	2.2	34	0.2	—	10		
Detoxification	5	3.7	28	0.1	—	6		
Total	136		18,808	100.0	390	50	1,199	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	14	1.1
Clients in facilities with OTPs²		
Any MAT	5,478	1.3
Methadone	5,184	1.4
Buprenorphine	291	1.1
Naltrexone	3	0.1
Clients in facilities without OTPs²		
Any MAT	852	0.8
Buprenorphine	773	0.9
Naltrexone	79	0.4

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	105	77.2
Private health insurance	96	70.6
Medicare	58	42.6
Medicaid	114	83.8
State-financed health insurance	78	57.4
Federal military insurance	55	40.4
No payment accepted	10	7.4
Access to Recovery (ATR) vouchers ²	12	8.8
IHS/Tribal/Urban (ITU) funds	31	22.8
Other payments	—	—
Sliding fee scale	67	49.3
Treatment at no charge for clients who can't pay	76	55.9

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	92	67.6
State substance abuse agency	48	35.3
State mental health department	40	29.4
State department of health	62	45.6
Hospital licensing authority	8	5.9
The Joint Commission	21	15.4
Commission on Accreditation of Rehabilitation Facilities	24	17.6
National Committee for Quality Assurance	7	5.1
Council on Accreditation	5	3.7
Healthcare Facilities Accreditation Program	1	0.7
Other state/local agency/organization	7	5.1

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	91	66.9

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	128	94.1
Screening for mental health disorders	112	82.4
Comprehensive substance abuse assessment or diagnosis	120	88.2
Comprehensive mental health assessment or diagnosis	86	63.2
Screening for tobacco use	85	62.5
Outreach to persons in the community who may need treatment	91	66.9
Interim services for clients when immediate admission is not possible	76	55.9
No services offered	1	0.7
Testing		
Breathalyzer or other blood alcohol testing	73	53.7
Drug or alcohol urine screening	90	66.2
Screening for hepatitis B	32	23.5
Screening for hepatitis C	37	27.2
HIV testing	34	25.0
STD testing	30	22.1
TB screening	40	29.4
No services offered	34	25.0
Counseling		
Individual counseling	133	97.8
Group counseling	120	88.2
Family counseling	123	90.4
Marital/couples counseling	102	75.0
Transitional services		
Discharge planning	125	91.9
Aftercare/continuing care	117	86.0
No services offered	5	3.7
Pharmacotherapies		
Disulfiram (Antabuse®)	24	17.6
Naltrexone (oral)	30	22.1
Extended-release, injectable naltrexone/Vivitrol®	24	17.6
Acamprosate (Campral®)	21	15.4
Nicotine replacement	31	22.8
Non-nicotine smoking/tobacco cessation medications	34	25.0
Medications for psychiatric disorders	58	42.6
Methadone	14	10.3
Buprenorphine with naloxone (Suboxone®)	23	16.9
Buprenorphine without naloxone	13	9.6
Buprenorphine subdermal implant (Probuphine®)	1	0.7
No services offered	63	46.3
Ancillary services		
Case management services	111	81.6
Social skills development	112	82.4
Mentoring/peer support	69	50.7
Child care for clients' children	5	3.7
Assistance with obtaining social services	98	72.1
Employment counseling or training for clients	49	36.0

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	83	61.0
Domestic violence services	87	64.0
Early intervention for HIV	22	16.2
HIV or AIDS education, counseling, or support	55	40.4
Hepatitis education, counseling, or support	59	43.4
Health education other than HIV/AIDS or hepatitis	72	52.9
Substance abuse education	128	94.1
Transportation assistance to treatment	53	39.0
Mental health services	102	75.0
Acupuncture	25	18.4
Residential beds for clients' children	2	1.5
Self-help groups	55	40.4
Smoking/tobacco cessation counseling	56	41.2
No services offered	2	1.5
Other services		
Treatment for gambling disorder	52	38.2
Treatment for Internet use disorder	29	21.3
Treatment for other addiction disorder	54	39.7
No services offered	66	48.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	133	97.8
Relapse prevention	128	94.1
Cognitive behavioral therapy	128	94.1
Motivational interviewing	125	91.9
Anger management	121	89.0
Brief intervention	116	85.3
Trauma-related counseling	120	88.2
12-step facilitation	91	66.9
Contingency management/motivational incentives	81	59.6
Dialectical behavior therapy	73	53.7
Rational emotive behavioral therapy	59	43.4
Matrix model	65	47.8
Computerized substance abuse treatment	23	16.9
Community reinforcement plus vouchers	22	16.2
Other treatment approaches	22	16.2

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	17	3
Number of clients ²	563	28
Number of designated beds	602	34
Utilization rate ³	93.5	82.4
Average number of designated beds per facility	35	11

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	262
Methadone	248
Buprenorphine	14
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	30	22.1
Any language other than English	92	67.6
Non-English language provided by		
Staff counselor only	47	51.1
On-call interpreter only	17	18.5
Both staff counselor and on-call interpreter	28	30.4
Languages provided by staff counselor¹		
Spanish	57	76.0
American Indian/Alaskan Native languages	23	30.7
Other	5	6.7

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	105	77.2
Adult women	70	51.5
Clients with co-occurring disorders	74	54.4
Adult men	65	47.8
Clients who have experienced trauma	63	46.3
Criminal justice clients	56	41.2
DUI/DWI clients	32	23.5
Young adults	50	36.8
Adolescents	42	30.9
Clients who have experienced domestic violence	53	39.0
Clients who have experienced sexual abuse	49	36.0
Pregnant or postpartum women	34	25.0
Seniors or older adults	35	25.7
LGBT ¹	39	28.7
Veterans	36	26.5
Clients living with HIV/AIDS	26	19.1
Members of military families	28	20.6
Active duty military	17	12.5
Other	9	6.6
No program or group offered	31	22.8

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

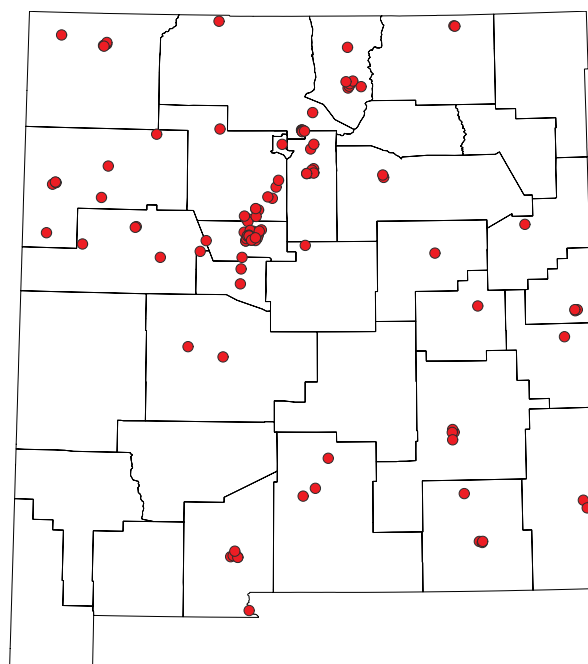
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data