

2017 State Profile — New York

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In New York, 842 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 110,078 clients in substance abuse treatment on March 31, 2017. The survey response rate in New York was 93.8 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	596	70.8	75,423	68.5	1,993	73.6
Private for-profit	138	16.4	22,099	20.1	448	16.5
Local, county, or community government	53	6.3	6,766	6.1	192	7.1
State government	42	5.0	3,949	3.6	25	0.9
Federal government	8	1.0	1,495	1.4	—	—
Tribal government	5	0.6	346	0.3	50	1.8
Total	842	100.0	110,078	100.0	2,708	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	756	93.8	46,244	42.0	286
Clients with drug abuse only	734	91.1	49,433	44.9	310
Clients with alcohol abuse only	645	80.0	14,341	13.0	88
Total			110,018	100.0	684

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	579	68.8	100,629	91.4	359	116	2,479	91.5
Regular	522	62.0	51,694	47.0	63	94		
Intensive	225	26.7	4,565	4.1	19	20		
Day treatment/partial hospitalization	63	7.5	1,801	1.6	10	32		
Detoxification	76	9.0	321	0.3	5	7		
Methadone maintenance	415	49.3	42,248	38.4	355	16		
Residential (non-hospital)	214	25.4	7,507	6.8	60	22	224	8.3
Short term (<30 days)	57	6.8	1,476	1.3	45	22		
Long term (30+ days)	166	19.7	5,552	5.0	49	20		
Detoxification	30	3.6	479	0.4	30	15		
Hospital inpatient	72	8.6	1,942	1.8	17	19	5	0.2
Treatment	56	6.7	930	0.8	16	20		
Detoxification	51	6.1	1,012	0.9	9	12		
Total	842		110,078	100.0	272	72	2,708	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	130	9.9
Clients in facilities with OTPs²		
Any MAT	36,596	8.8
Methadone	35,540	9.3
Buprenorphine	1,034	3.7
Naltrexone	22	0.6
Clients in facilities without OTPs²		
Any MAT	9,143	8.8
Buprenorphine	7,198	8.5
Naltrexone	1,945	9.9

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	789	93.7
Private health insurance	666	79.1
Medicare	382	45.4
Medicaid	737	87.5
State-financed health insurance	527	62.6
Federal military insurance	238	28.3
No payment accepted	8	1.0
Access to Recovery (ATR) vouchers ²	25	3.0
IHS/Tribal/Urban (ITU) funds	31	3.7
Other payments	8	1.0
Sliding fee scale	674	80.0
Treatment at no charge for clients who can't pay	360	42.8

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	827	98.2
State substance abuse agency	797	94.7
State mental health department	143	17.0
State department of health	310	36.8
Hospital licensing authority	108	12.8
The Joint Commission	243	28.9
Commission on Accreditation of Rehabilitation Facilities	89	10.6
National Committee for Quality Assurance	19	2.3
Council on Accreditation	33	3.9
Healthcare Facilities Accreditation Program	7	0.8
Other state/local agency/organization	23	2.7

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	433	51.4

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	805	95.6
Screening for mental health disorders	683	81.1
Comprehensive substance abuse assessment or diagnosis	804	95.5
Comprehensive mental health assessment or diagnosis	437	51.9
Screening for tobacco use	794	94.3
Outreach to persons in the community who may need treatment	478	56.8
Interim services for clients when immediate admission is not possible	328	39.0
No services offered	5	0.6
Testing		
Breathalyzer or other blood alcohol testing	748	88.8
Drug or alcohol urine screening	826	98.1
Screening for hepatitis B	336	39.9
Screening for hepatitis C	375	44.5
HIV testing	328	39.0
STD testing	262	31.1
TB screening	414	49.2
No services offered	9	1.1
Counseling		
Individual counseling	841	99.9
Group counseling	819	97.3
Family counseling	688	81.7
Marital/couples counseling	464	55.1
Transitional services		
Discharge planning	833	98.9
Aftercare/continuing care	691	82.1
No services offered	3	0.4
Pharmacotherapies		
Disulfiram (Antabuse®)	263	31.2
Naltrexone (oral)	435	51.7
Extended-release, injectable naltrexone/Vivitrol®	360	42.8
Acamprosate (Campral®)	354	42.0
Nicotine replacement	507	60.2
Non-nicotine smoking/tobacco cessation medications	345	41.0
Medications for psychiatric disorders	543	64.5
Methadone	125	14.8
Buprenorphine with naloxone (Suboxone®)	516	61.3
Buprenorphine without naloxone	304	36.1
Buprenorphine subdermal implant (Probuphine®)	10	1.2
No services offered	119	14.1
Ancillary services		
Case management services	659	78.3
Social skills development	649	77.1
Mentoring/peer support	413	49.0
Child care for clients' children	44	5.2
Assistance with obtaining social services	659	78.3
Employment counseling or training for clients	440	52.3

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	516	61.3
Domestic violence services	336	39.9
Early intervention for HIV	269	31.9
HIV or AIDS education, counseling, or support	600	71.3
Hepatitis education, counseling, or support	596	70.8
Health education other than HIV/AIDS or hepatitis	643	76.4
Substance abuse education	832	98.8
Transportation assistance to treatment	490	58.2
Mental health services	541	64.3
Acupuncture	22	2.6
Residential beds for clients' children	18	2.1
Self-help groups	440	52.3
Smoking/tobacco cessation counseling	729	86.6
No services offered	1	0.1
Other services		
Treatment for gambling disorder	204	24.2
Treatment for Internet use disorder	27	3.2
Treatment for other addiction disorder	122	14.5
No services offered	581	69.0

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	836	99.3
Relapse prevention	826	98.1
Cognitive behavioral therapy	797	94.7
Motivational interviewing	812	96.4
Anger management	730	86.7
Brief intervention	752	89.3
Trauma-related counseling	683	81.1
12-step facilitation	627	74.5
Contingency management/motivational incentives	442	52.5
Dialectical behavior therapy	433	51.4
Rational emotive behavioral therapy	391	46.4
Matrix model	271	32.2
Computerized substance abuse treatment	62	7.4
Community reinforcement plus vouchers	72	8.6
Other treatment approaches	42	5.0

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	205	68
Number of clients ²	7,390	1,894
Number of designated beds	8,003	1,779
Utilization rate ³	92.3	106.5
Average number of designated beds per facility	39	26

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	184
Methadone	179
Buprenorphine	5
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	151	17.9
Any language other than English	447	53.1
Non-English language provided by		
Staff counselor only	219	49.0
On-call interpreter only	102	22.8
Both staff counselor and on-call interpreter	126	28.2
Languages provided by staff counselor¹		
Spanish	331	95.9
American Indian/Alaskan Native languages	—	—
Other	93	27.0

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	732	86.9
Adult women	542	64.4
Clients with co-occurring disorders	514	61.0
Adult men	543	64.5
Clients who have experienced trauma	342	40.6
Criminal justice clients	342	40.6
DUI/DWI clients	213	25.3
Young adults	298	35.4
Adolescents	214	25.4
Clients who have experienced domestic violence	228	27.1
Clients who have experienced sexual abuse	202	24.0
Pregnant or postpartum women	143	17.0
Seniors or older adults	188	22.3
LGBT ¹	156	18.5
Veterans	146	17.3
Clients living with HIV/AIDS	183	21.7
Members of military families	60	7.1
Active duty military	55	6.5
Other	46	5.5
No program or group offered	110	13.1

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

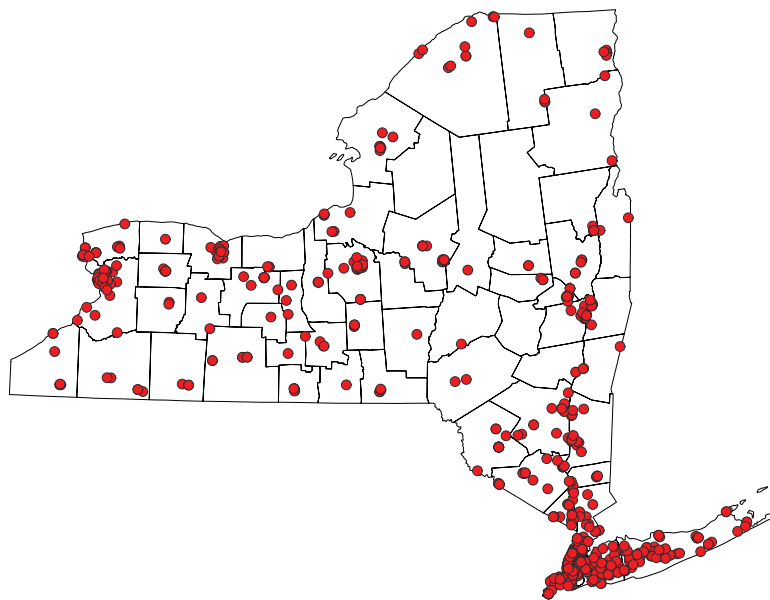
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data