

2013 State Profile — Oklahoma

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Oklahoma, 223 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 16,700 clients in substance abuse treatment on March 29, 2013. The survey response rate in Oklahoma was 95.8%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	110	49.3	8,653	52.0	766	58.4
Private for-profit	60	26.9	5,646	33.9	339	25.8
Local, county, or community government	2	0.9	^	^	^	^
State government	8	3.6	282	1.7	30	2.3
Federal government	7	3.1	1,044	6.3	--	--
Tribal government	36	16.1	1,014	6.1	177	13.5
Total	223	100.0	16,639¹	100.0	1,312	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	207	95.0	7,986	47.8	249
Clients with drug abuse only	188	86.2	5,594	33.5	182
Clients with alcohol abuse only	185	84.9	3,120	18.7	98
Total	218		16,700	100.0	529

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 5.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	191	85.7	15,356	92.0	40	1,130	83.9
Regular	189	84.8	11,463	68.6	30		
Intensive	79	35.4	1,075	6.4	4		
Day treatment/partial hospitalization	10	4.5	93	0.6	--		
Detoxification	12	5.4	116	0.7	--		
Methadone/buprenorphine maintenance or Vivitrol®	13	5.8	2,609	15.6	150		
Residential (non-hospital)	50	22.4	1,204	7.2	17	187	13.9
Short term (<30 days)	18	8.1	245	1.5	8		
Long term (30+ days)	40	17.9	926	5.5	17		
Detoxification	13	5.8	33	0.2	2		
Hospital Inpatient	9	4.0	140	0.8	10	30	2.2
Treatment	5	2.2	70	0.4	6		
Detoxification	7	3.1	70	0.4	5		
Total	223		16,700	100.0	35	1,347	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	11	0.9
Clients in Facilities with OTPs		
Methadone	3,090	94.3
Buprenorphine	45	1.4
Vivitrol®	--	--
Clients in Facilities without OTPs		
Buprenorphine	143	4.4
Vivitrol®	--	--
Total	3,278	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	174	78.0
Private health insurance	109	48.9
Medicare	55	24.7
Medicaid	153	68.6
State-financed health insurance	86	38.6
Federal military insurance	63	28.3
No payment accepted	11	4.9
Access to Recovery (ATR) vouchers ²	19	8.5
IHS/638 contract care funds	27	12.1
Other payments	9	4.0
Sliding fee scale	111	49.8
Treatment at no charge for clients who cannot pay	145	65.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	199	89.2
State substance abuse agency	165	74.0
State mental health department	142	63.7
State department of health	54	24.2
Hospital licensing authority	8	3.6
The Joint Commission	31	13.9
Commission on Accreditation of Rehabilitation Facilities	117	52.5
National Committee for Quality Assurance	--	--
Council on Accreditation	10	4.5
Other state/local agency/organization	6	2.7

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	127	57.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	222	99.6
Screening for substance abuse	219	98.2
Screening for mental health disorders	182	81.6
Comprehensive substance abuse assessment or diagnosis	205	91.9
Comprehensive mental health assessment or diagnosis	94	42.2
Screening for tobacco use	166	74.4
Outreach to persons in the community who may need treatment	188	84.3
Interim services for clients when immediate admission is not possible	151	67.7
No services offered	1	0.4
Testing	164	73.5
Breathalyzer or other blood alcohol testing	77	34.5
Drug or alcohol urine screening	161	72.2
Screening for Hepatitis B	42	18.8
Screening for Hepatitis C	50	22.4
HIV testing	58	26.0
STD testing	37	16.6
TB screening	54	24.2
No services offered	45	20.2
Counseling	219	98.2
Individual counseling	219	98.2
Group counseling	203	91.0
Family counseling	192	86.1
Marital/couples counseling	154	69.1
Transitional Services	221	99.1
Discharge planning	213	95.5
Aftercare/continuing care	200	89.7
No services offered	2	0.9
Pharmacotherapies	88	39.5
Disulfiram (Antabuse®)	8	3.6
Naltrexone (oral)	12	5.4
Vivitrol® (injectable Naltrexone)	8	3.6
Acamprosate (Campral®)	15	6.7
Nicotine replacement	49	22.0
Non-nicotine smoking/tobacco cessation medications	34	15.2
Medications for psychiatric disorders	57	25.6
Methadone	12	5.4
Buprenorphine with naloxone (Suboxone®)	13	5.8
Buprenorphine without naloxone	6	2.7
No services offered	115	51.6
Ancillary Services	223	100.0
Case management services	202	90.6
Social skills development	174	78.0
Mentoring/peer support	134	60.1
Child care for clients' children	10	4.5
Assistance with obtaining social services	155	69.5
Employment counseling or training for clients	77	34.5
Assistance in locating housing for clients	129	57.8

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	98	43.9
Early intervention for HIV	57	25.6
HIV or AIDS education, counseling, or support	154	69.1
Hepatitis education, counseling, or support	127	57.0
Health education other than HIV/AIDS or hepatitis	123	55.2
Substance abuse education	213	95.5
Transportation assistance to treatment	96	43.0
Mental health services	159	71.3
Acupuncture	1	0.4
Residential beds for clients' children	7	3.1
Self-help groups	81	36.3
Smoking cessation counseling	134	60.1
No services offered	--	--
Other Services	80	35.9
Treatment for gambling disorder	56	25.1
Treatment for Internet use disorder	23	10.3
Treatment for other addiction disorder	54	24.2
No services offered	129	57.8

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	215	96.4
Relapse prevention	206	92.4
Cognitive-behavioral therapy	211	94.6
Motivational interviewing	190	85.2
Anger management	199	89.2
Brief intervention	177	79.4
12-step facilitation	143	64.1
Trauma-related counseling	188	84.3
Contingency management/motivational incentives	115	51.6
Rational emotive behavioral therapy (REBT)	132	59.2
Matrix Model	112	50.2
Community reinforcement plus vouchers	21	9.4
Computerized substance abuse treatment/telemedicine	34	15.2
Other treatment approaches	23	10.3

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	47	6
Number of clients ²	1,192	112
Number of designated beds	1,570	131
Utilization rate ³	75.9	85.5
Average number of designated beds per facility	33	22

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	80
Buprenorphine	5
Vivitrol®	--

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	65	29.1
Any language other than English	68	30.5
Non-English Language Provided by:		
Staff counselor only	9	13.2
On-call interpreter only	42	61.8
Both staff counselor and on-call interpreter	17	25.0
Languages Provided by Staff Counselor:¹		
Spanish	23	88.5
American Indian/Alaska Native languages	4	15.4
Other	5	19.2

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	199	89.2
Adult women	106	47.5
Clients with co-occurring disorders	110	49.3
Adult men	92	41.3
Criminal justice clients	92	41.3
Adolescents	79	35.4
Persons who have experienced trauma	100	44.8
DUI/DWI clients	51	22.9
Young adults	53	23.8
Persons who have experienced domestic violence	59	26.5
Persons who have experienced sexual abuse	66	29.6
Pregnant or postpartum women	33	14.8
Persons with HIV/AIDS	27	12.1
Veterans	37	16.6
LGBT ¹	28	12.6
Seniors or older adults	28	12.6
Members of military families	26	11.7
Active duty military	18	8.1
Other	24	10.8
No program or group offered	55	24.7

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

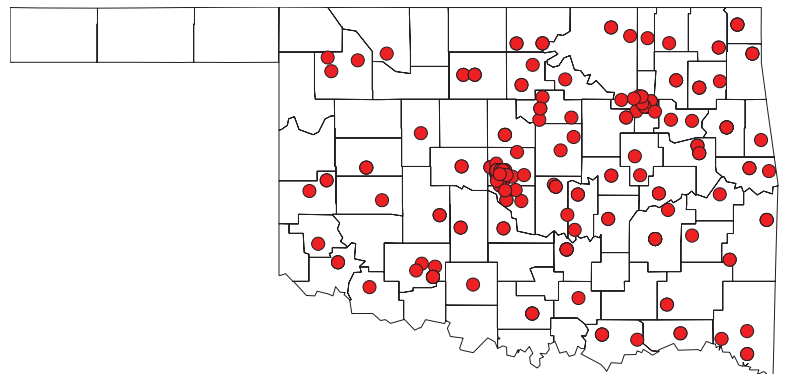
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/