

## 2017 State Profile — Oklahoma

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Oklahoma, 191 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 14,466 clients in substance abuse treatment on March 31, 2017. The survey response rate in Oklahoma was 92.8 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	97	50.8	7,267	50.2	556	66.7
Private for-profit	47	24.6	5,077	35.1	146	17.5
Local, county, or community government	3	1.6	44	0.3	21	2.5
State government	10	5.2	532	3.7	15	1.8
Federal government	6	3.1	396	2.7	—	—
Tribal government	28	14.7	1,150	7.9	95	11.4
<b>Total</b>	<b>191</b>	<b>100.0</b>	<b>14,466</b>	<b>100.0</b>	<b>833</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	170	93.9	5,419	37.5	166
Clients with drug abuse only	155	85.6	6,673	46.1	216
Clients with alcohol abuse only	148	81.8	2,374	16.4	76
<b>Total</b>			<b>14,466</b>	<b>100.0</b>	<b>459</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>158</b>	<b>82.7</b>	<b>13,250</b>	<b>91.6</b>	<b>128</b>	<b>40</b>	<b>721</b>	<b>86.6</b>
Regular	156	81.7	9,180	63.5	5	40		
Intensive	57	29.8	646	4.5	—	12		
Day treatment/partial hospitalization	8	4.2	23	0.2	—	5		
Detoxification	19	9.9	78	0.5	4	6		
Methadone maintenance	34	17.8	3,323	23.0	140	8		
<b>Residential (non-hospital)</b>	<b>45</b>	<b>23.6</b>	<b>1,074</b>	<b>7.4</b>	<b>—</b>	<b>22</b>	<b>110</b>	<b>13.2</b>
Short term (<30 days)	24	12.6	210	1.5	—	8		
Long term (30+ days)	39	20.4	812	5.6	—	18		
Detoxification	8	4.2	52	0.4	—	5		
<b>Hospital inpatient</b>	<b>9</b>	<b>4.7</b>	<b>142</b>	<b>1.0</b>	<b>—</b>	<b>5</b>	<b>2</b>	<b>0.2</b>
Treatment	4	2.1	76	0.5	—	76		
Detoxification	9	4.7	66	0.5	—	5		
<b>Total</b>	<b>191</b>		<b>14,466</b>	<b>100.0</b>	<b>128</b>	<b>36</b>	<b>833</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>15</b>	<b>1.1</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	3,351	0.8
Methadone	3,197	0.8
Buprenorphine	142	0.5
Naltrexone	12	0.4
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	305	0.3
Buprenorphine	207	0.2
Naltrexone	98	0.5

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	149	78.0
Private health insurance	97	50.8
Medicare	49	25.7
Medicaid	137	71.7
State-financed health insurance	80	41.9
Federal military insurance	58	30.4
No payment accepted	8	4.2
Access to Recovery (ATR) vouchers <sup>2</sup>	14	7.3
IHS/Tribal/Urban (ITU) funds	43	22.5
Other payments	1	0.5
Sliding fee scale	96	50.3
Treatment at no charge for clients who can't pay	127	66.5

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	173	90.6
State substance abuse agency	144	75.4
State mental health department	122	63.9
State department of health	46	24.1
Hospital licensing authority	7	3.7
The Joint Commission	27	14.1
Commission on Accreditation of Rehabilitation Facilities	97	50.8
National Committee for Quality Assurance	—	—
Council on Accreditation Healthcare Facilities Accreditation Program	5	2.6
Other state/local agency/organization	4	2.1

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	118	61.8

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	189	99.0
Screening for mental health disorders	160	83.8
Comprehensive substance abuse assessment or diagnosis	178	93.2
Comprehensive mental health assessment or diagnosis	94	49.2
Screening for tobacco use	158	82.7
Outreach to persons in the community who may need treatment	163	85.3
Interim services for clients when immediate admission is not possible	136	71.2
No services offered	—	—
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	72	37.7
Drug or alcohol urine screening	147	77.0
Screening for hepatitis B	32	16.8
Screening for hepatitis C	40	20.9
HIV testing	43	22.5
STD testing	32	16.8
TB screening	56	29.3
No services offered	40	20.9
<b>Counseling</b>		
Individual counseling	189	99.0
Group counseling	182	95.3
Family counseling	165	86.4
Marital/couples counseling	144	75.4
<b>Transitional services</b>		
Discharge planning	185	96.9
Aftercare/continuing care	169	88.5
No services offered	1	0.5
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	19	9.9
Naltrexone (oral)	20	10.5
Extended-release, injectable naltrexone/Vivitrol®	10	5.2
Acamprosate (Campral®)	22	11.5
Nicotine replacement	50	26.2
Non-nicotine smoking/tobacco cessation medications	37	19.4
Medications for psychiatric disorders	69	36.1
Methadone	15	7.9
Buprenorphine with naloxone (Suboxone®)	29	15.2
Buprenorphine without naloxone	16	8.4
Buprenorphine subdermal implant (Probuphine®)	—	—
No services offered	94	49.2
<b>Ancillary services</b>		
Case management services	181	94.8
Social skills development	158	82.7
Mentoring/peer support	116	60.7
Child care for clients' children	11	5.8
Assistance with obtaining social services	146	76.4
Employment counseling or training for clients	63	33.0

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	128	67.0
Domestic violence services	94	49.2
Early intervention for HIV	46	24.1
HIV or AIDS education, counseling, or support	132	69.1
Hepatitis education, counseling, or support	114	59.7
Health education other than HIV/AIDS or hepatitis	114	59.7
Substance abuse education	185	96.9
Transportation assistance to treatment	92	48.2
Mental health services	142	74.3
Acupuncture	1	0.5
Residential beds for clients' children	9	4.7
Self-help groups	75	39.3
Smoking/tobacco cessation counseling	139	72.8
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	52	27.2
Treatment for Internet use disorder	22	11.5
Treatment for other addiction disorder	58	30.4
No services offered	107	56.0

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	188	98.4
Relapse prevention	185	96.9
Cognitive behavioral therapy	187	97.9
Motivational interviewing	173	90.6
Anger management	165	86.4
Brief intervention	156	81.7
Trauma-related counseling	173	90.6
12-step facilitation	112	58.6
Contingency management/motivational incentives	94	49.2
Dialectical behavior therapy	78	40.8
Rational emotive behavioral therapy	101	52.9
Matrix model	96	50.3
Computerized substance abuse treatment	42	22.0
Community reinforcement plus vouchers	15	7.9
Other treatment approaches	7	3.7

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	41	2
Number of clients <sup>2</sup>	1,029	44
Number of designated beds	1,258	75
Utilization rate <sup>3</sup>	81.8	58.7
Average number of designated beds per facility	31	38

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	85
Methadone	81
Buprenorphine	4
Naltrexone	†

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	78	40.8
Any language other than English	91	47.6
<b>Non-English language provided by</b>		
Staff counselor only	10	11.0
On-call interpreter only	67	73.6
Both staff counselor and on-call interpreter	14	15.4
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	19	79.2
American Indian/Alaskan Native languages	3	12.5
Other	4	16.7

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	148	77.5
Adult women	110	57.6
Clients with co-occurring disorders	102	53.4
Adult men	107	56.0
Clients who have experienced trauma	97	50.8
Criminal justice clients	84	44.0
DUI/DWI clients	41	21.5
Young adults	61	31.9
Adolescents	56	29.3
Clients who have experienced domestic violence	64	33.5
Clients who have experienced sexual abuse	60	31.4
Pregnant or postpartum women	52	27.2
Seniors or older adults	49	25.7
LGBT <sup>1</sup>	46	24.1
Veterans	50	26.2
Clients living with HIV/AIDS	36	18.8
Members of military families	34	17.8
Active duty military	29	15.2
Other	6	3.1
No program or group offered	43	22.5

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

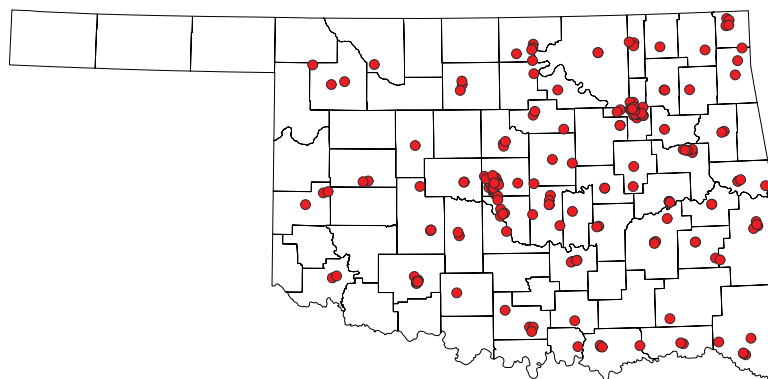
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>