

## 2013 State Profile — Oregon

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Oregon, 246 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 21,898 clients in substance abuse treatment on March 29, 2013. The survey response rate in Oregon was 95.2%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	145	58.9	12,783	58.4	998	65.9
Private for-profit	62	25.2	6,430	29.4	203	13.4
Local, county, or community government	26	10.6	2,095	9.6	252	16.6
State government	2	0.8	^	^	--	--
Federal government	5	2.0	364	1.7	50	3.3
Tribal government	6	2.4	207	0.9	11	0.7
<b>Total</b>	<b>246</b>	<b>100.0</b>	<b>21,879<sup>1</sup></b>	<b>100.0</b>	<b>1,514</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	235	97.5	8,930	42.0	265
Clients with drug abuse only	211	87.6	7,017	33.0	215
Clients with alcohol abuse only	209	86.7	5,339	25.1	164
<b>Total</b>	<b>241</b>		<b>21,286</b>	<b>100.1</b>	<b>644</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 5.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>222</b>	<b>90.2</b>	<b>20,537</b>	<b>93.8</b>	<b>55</b>	<b>1,302</b>	<b>86.0</b>
Regular	214	87.0	13,127	59.9	40		
Intensive	175	71.1	2,945	13.4	9		
Day treatment/partial hospitalization	37	15.0	323	1.5	--		
Detoxification	30	12.2	121	0.6	1		
Methadone/buprenorphine maintenance or Vivitrol®	17	6.9	4,021	18.4	151		
<b>Residential (non-hospital)</b>	<b>49</b>	<b>19.9</b>	<b>1,299</b>	<b>5.9</b>	<b>20</b>	<b>212</b>	<b>14.0</b>
Short term (<30 days)	32	13.0	316	1.4	1		
Long term (30+ days)	46	18.7	938	4.3	16		
Detoxification	21	8.5	45	0.2	--		
<b>Hospital Inpatient</b>	<b>4</b>	<b>1.6</b>	<b>62</b>	<b>0.3</b>	<b>8</b>	<b>--</b>	<b>--</b>
Treatment	1	0.4	--	--	--		
Detoxification	4	1.6	62	0.3	8		
<b>Total</b>	<b>246</b>		<b>21,898</b>	<b>100.0</b>	<b>51</b>	<b>1,514</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>12</b>	<b>0.9</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	4,044	93.0
Buprenorphine	80	1.8
Vivitrol®	--	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	208	4.8
Vivitrol®	15	0.3
<b>Total</b>	<b>4,347</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	227	92.3
Private health insurance	221	89.8
Medicare	80	32.5
Medicaid	188	76.4
State-financed health insurance	162	65.9
Federal military insurance	89	36.2
No payment accepted	2	0.8
Access to Recovery (ATR) vouchers <sup>2</sup>	54	22.0
IHS/638 contract care funds	23	9.3
Other payments	12	4.9
Sliding fee scale	187	76.0
Treatment at no charge for clients who cannot pay	136	55.3

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	244	99.2
State substance abuse agency	236	95.9
State mental health department	121	49.2
State department of health	51	20.7
Hospital licensing authority	6	2.4
The Joint Commission	20	8.1
Commission on Accreditation of Rehabilitation Facilities	28	11.4
National Committee for Quality Assurance	9	3.7
Council on Accreditation	7	2.8
Other state/local agency/organization	9	3.7

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	151	61.4

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>244</b>	<b>99.2</b>
Screening for substance abuse	236	95.9
Screening for mental health disorders	188	76.4
Comprehensive substance abuse assessment or diagnosis	238	96.7
Comprehensive mental health assessment or diagnosis	119	48.4
Screening for tobacco use	197	80.1
Outreach to persons in the community who may need treatment	167	67.9
Interim services for clients when immediate admission is not possible	155	63.0
No services offered	2	0.8
<b>Testing</b>	<b>242</b>	<b>98.4</b>
Breathalyzer or other blood alcohol testing	115	46.7
Drug or alcohol urine screening	240	97.6
Screening for Hepatitis B	53	21.5
Screening for Hepatitis C	56	22.8
HIV testing	42	17.1
STD testing	35	14.2
TB screening	74	30.1
No services offered	3	1.2
<b>Counseling</b>	<b>244</b>	<b>99.2</b>
Individual counseling	243	98.8
Group counseling	240	97.6
Family counseling	219	89.0
Marital/couples counseling	148	60.2
<b>Transitional Services</b>	<b>246</b>	<b>100.0</b>
Discharge planning	244	99.2
Aftercare/continuing care	217	88.2
No services offered	--	--
<b>Pharmacotherapies</b>	<b>123</b>	<b>50.0</b>
Disulfiram (Antabuse®)	28	11.4
Naltrexone (oral)	22	8.9
Vivitrol® (injectable Naltrexone)	20	8.1
Acamprosate (Campral®)	20	8.1
Nicotine replacement	49	19.9
Non-nicotine smoking/tobacco cessation medications	35	14.2
Medications for psychiatric disorders	92	37.4
Methadone	17	6.9
Buprenorphine with naloxone (Suboxone®)	31	12.6
Buprenorphine without naloxone	19	7.7
No services offered	110	44.7
<b>Ancillary Services</b>	<b>246</b>	<b>100.0</b>
Case management services	231	93.9
Social skills development	194	78.9
Mentoring/peer support	149	60.6
Child care for clients' children	32	13.0
Assistance with obtaining social services	165	67.1
Employment counseling or training for clients	87	35.4
Assistance in locating housing for clients	149	60.6

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	124	50.4
Early intervention for HIV	48	19.5
HIV or AIDS education, counseling, or support	117	47.6
Hepatitis education, counseling, or support	118	48.0
Health education other than HIV/AIDS or hepatitis	136	55.3
Substance abuse education	242	98.4
Transportation assistance to treatment	105	42.7
Mental health services	170	69.1
Acupuncture	22	8.9
Residential beds for clients' children	12	4.9
Self-help groups	114	46.3
Smoking cessation counseling	147	59.8
No services offered	--	--
<b>Other Services</b>	<b>100</b>	<b>40.7</b>
Treatment for gambling disorder	70	28.5
Treatment for Internet use disorder	18	7.3
Treatment for other addiction disorder	52	21.1
No services offered	132	53.7

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	243	98.8
Relapse prevention	240	97.6
Cognitive-behavioral therapy	236	95.9
Motivational interviewing	239	97.2
Anger management	187	76.0
Brief intervention	191	77.6
12-step facilitation	176	71.5
Trauma-related counseling	185	75.2
Contingency management/motivational incentives	146	59.3
Rational emotive behavioral therapy (REBT)	101	41.1
Matrix Model	145	58.9
Community reinforcement plus vouchers	39	15.9
Computerized substance abuse treatment/telemedicine	32	13.0
Other treatment approaches	45	18.3

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	42	4
Number of clients <sup>2</sup>	1,070	62
Number of designated beds	1,260	83
Utilization rate <sup>3</sup>	84.9	74.7
Average number of designated beds per facility	30	21

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	103
Buprenorphine	7
Vivitrol®	*

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	114	46.3
Any language other than English	137	55.7
<b>Non-English Language Provided by:</b>		
Staff counselor only	34	24.8
On-call interpreter only	61	44.5
Both staff counselor and on-call interpreter	42	30.7
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	72	94.7
American Indian/Alaska Native languages	2	2.6
Other	9	11.8

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	235	95.5
Adult women	145	58.9
Clients with co-occurring disorders	122	49.6
Adult men	128	52.0
Criminal justice clients	92	37.4
Adolescents	96	39.0
Persons who have experienced trauma	105	42.7
DUI/DWI clients	131	53.3
Young adults	70	28.5
Persons who have experienced domestic violence	70	28.5
Persons who have experienced sexual abuse	72	29.3
Pregnant or postpartum women	39	15.9
Persons with HIV/AIDS	27	11.0
Veterans	31	12.6
LGBT <sup>1</sup>	33	13.4
Seniors or older adults	30	12.2
Members of military families	11	4.5
Active duty military	13	5.3
Other	43	17.5
No program or group offered	68	27.6

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** - - Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

## Location of Treatment Facilities

