2013 State Profile — Pennsylvania
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Pennsylvania, 246 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 21,898 clients in substance abuse treatment on March 29, 2013. The survey response rate in Pennsylvania was 95.2%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	330	61.2	30,428	52.7	1,892	73.2
Private for-profit	193	35.8	25,162	43.6	694	26.8
Local, county, or community government	1	0.2	^	^	--	--
State government	2	0.4	^	^	--	--
Federal government	13	2.4	2,097	3.6	--	--
Tribal government	--	--	--	--	--	--
Total	**539**	**100.0**	**57,687[1]**	**100.0**	**2,586**	**100.0**

[1] Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities[1,2]		Clients in Treatment on March 29, 2013		
			All Clients[3]		Clients[3] per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	475	90.1	20,808	36.3	194
Clients with drug abuse only	469	89.0	28,866	50.3	280
Clients with alcohol abuse only	413	78.4	7,660	13.4	71
Total	**527**		**57,334**	**100.0**	**545**

[1] Facilities may be included in more than one category.
[2] Facilities excluded because they were not asked or did not respond to this question: 12.
[3] Sum of individual items may not agree with the total due to rounding.

For symbol definitions, see the symbol key on the last page of this profile.

Type of Care

	Facilities[1]		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	**406**	**75.3**	**52,011**	**90.1**	**84**	**2,293**	**88.7**
Regular	386	71.6	20,476	35.5	35		
Intensive	249	46.2	9,736	16.9	24		
Day treatment/partial hospitalization	68	12.6	858	1.5	9		
Detoxification	33	6.1	473	0.8	1		
Methadone/buprenorphine maintenance or Vivitrol®	100	18.6	20,468	35.5	171		
Residential (non-hospital)	**147**	**27.3**	**5,245**	**9.1**	**23**	**292**	**11.3**
Short term (<30 days)	81	15.0	2,493	4.3	20		
Long term (30+ days)	118	21.9	2,254	3.9	17		
Detoxification	43	8.0	498	0.9	9		
Hospital Inpatient	**26**	**4.8**	**459**	**0.8**	**10**	**1**	*****
Treatment	19	3.5	319	0.6	10		
Detoxification	23	4.3	140	0.2	7		
Total	**539**		**57,715**	**100.0**	**60**	**2,586**	**100.0**

[1] Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**82**	**6.4**
Clients in Facilities with OTPs		
Methadone	20,606	89.3
Buprenorphine	875	3.8
Vivitrol®	17	0.1
Clients in Facilities without OTPs		
Buprenorphine	1,433	6.2
Vivitrol®	148	0.6
Total	**23,079**	**100.0**

[1] Percentage of all OTP facilities that are in the United States.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	499	92.6
Private health insurance	374	69.4
Medicare	156	28.9
Medicaid	430	79.8
State-financed health insurance	240	44.5
Federal military insurance	113	21.0
No payment accepted	3	0.6
Access to Recovery (ATR) vouchers[2]	38	7.1
IHS/638 contract care funds	5	0.9
Other payments	23	4.3
Sliding fee scale	250	46.4
Treatment at no charge for clients who cannot pay	210	39.0

[1] Facilities may accept more than one type of payment.
[2] Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	523	97.0
State substance abuse agency	401	74.4
State mental health department	127	23.6
State department of health	448	83.1
Hospital licensing authority	41	7.6
The Joint Commission	123	22.8
Commission on Accreditation of Rehabilitation Facilities	125	23.2
National Committee for Quality Assurance	18	3.3
Council on Accreditation	34	6.3
Other state/local agency/organization	31	5.8

[1] Facilities may be licensed by more than one agency/organization.

Facility Funding

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	276	51.2

For symbol definitions, see the symbol key on the last page of this profile.

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**528**	**98.0**
Screening for substance abuse	498	92.4
Screening for mental health disorders	350	64.9
Comprehensive substance abuse assessment or diagnosis	491	91.1
Comprehensive mental health assessment or diagnosis	234	43.4
Screening for tobacco use	298	55.3
Outreach to persons in the community who may need treatment	288	53.4
Interim services for clients when immediate admission is not possible	229	42.5
No services offered	10	1.9
Testing	**477**	**88.5**
Breathalyzer or other blood alcohol testing	317	58.8
Drug or alcohol urine screening	461	85.5
Screening for Hepatitis B	153	28.4
Screening for Hepatitis C	165	30.6
HIV testing	189	35.1
STD testing	125	23.2
TB screening	225	41.7
No services offered	55	10.2
Counseling	**536**	**99.4**
Individual counseling	534	99.1
Group counseling	501	92.9
Family counseling	476	88.3
Marital/couples counseling	355	65.9
Transitional Services	**535**	**99.3**
Discharge planning	528	98.0
Aftercare/continuing care	509	94.4
No services offered	4	0.7
Pharmacotherapies	**338**	**62.7**
Disulfiram (Antabuse®)	72	13.4
Naltrexone (oral)	95	17.6
Vivitrol® (injectable Naltrexone)	65	12.1
Acamprosate (Campral®)	85	15.8
Nicotine replacement	105	19.5
Non-nicotine smoking/tobacco cessation medications	69	12.8
Medications for psychiatric disorders	245	45.5
Methadone	90	16.7
Buprenorphine with naloxone (Suboxone®)	107	19.9
Buprenorphine without naloxone	51	9.5
No services offered	188	34.9
Ancillary Services	**539**	**100.0**
Case management services	357	66.2
Social skills development	358	66.4
Mentoring/peer support	283	52.5
Child care for clients' children	44	8.2
Assistance with obtaining social services	363	67.3
Employment counseling or training for clients	175	32.5
Assistance in locating housing for clients	298	55.3

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	188	34.9
Early intervention for HIV	162	30.1
HIV or AIDS education, counseling, or support	314	58.3
Hepatitis education, counseling, or support	247	45.8
Health education other than HIV/AIDS or hepatitis	272	50.5
Substance abuse education	521	96.7
Transportation assistance to treatment	246	45.6
Mental health services	302	56.0
Acupuncture	11	2.0
Residential beds for clients' children	18	3.3
Self-help groups	268	49.7
Smoking cessation counseling	169	31.4
No services offered	--	--
Other Services	**180**	**33.4**
Treatment for gambling disorder	149	27.6
Treatment for Internet use disorder	41	7.6
Treatment for other addiction disorder	102	18.9
No services offered	336	62.3

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	529	98.1
Relapse prevention	518	96.1
Cognitive-behavioral therapy	511	94.8
Motivational interviewing	467	86.6
Anger management	443	82.2
Brief intervention	440	81.6
12-step facilitation	458	85.0
Trauma-related counseling	398	73.8
Contingency management/motivational incentives	278	51.6
Rational emotive behavioral therapy (REBT)	288	53.4
Matrix Model	146	27.1
Community reinforcement plus vouchers	50	9.3
Computerized substance abuse treatment/telemedicine	43	8.0
Other treatment approaches	67	12.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	146	15
Number of clients[2]	5,236	437
Number of designated beds	5,756	529
Utilization rate[3]	91.0	82.6
Average number of designated beds per facility	39	35

[1] Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.
[2] Number of clients on March 29, 2013.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For symbol definitions, see the symbol key on the last page of this profile.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	161
Buprenorphine	18
Vivitrol®	1

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	126	23.4
Any language other than English	150	27.8
Non-English Language Provided by:		
Staff counselor only	67	44.7
On-call interpreter only	43	28.7
Both staff counselor and on-call interpreter	40	26.7
Languages Provided by Staff Counselor:[1]		
Spanish	101	94.4
American Indian/Alaska Native languages	1	0.9
Other	25	23.4

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	467	86.6
Adult women	247	45.8
Clients with co-occurring disorders	252	46.8
Adult men	219	40.6
Criminal justice clients	165	30.6
Adolescents	158	29.3
Persons who have experienced trauma	174	32.3
DUI/DWI clients	116	21.5
Young adults	113	21.0
Persons who have experienced domestic violence	103	19.1
Persons who have experienced sexual abuse	114	21.2
Pregnant or postpartum women	96	17.8
Persons with HIV/AIDS	80	14.8
Veterans	56	10.4
LGBT[1]	62	11.5
Seniors or older adults	53	9.8
Members of military families	18	3.3
Active duty military	17	3.2
Other	51	9.5
No program or group offered	153	28.4

[1] Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. *n/a* Not applicable. ^ Data suppressed due to confidentiality issues. ‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

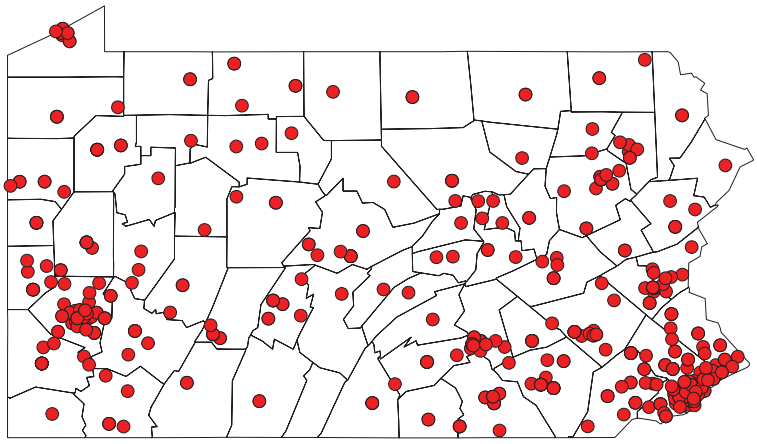
Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

Access N-SSATS profiles for individual states at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:
http://findtreatment.samhsa.gov/

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/