

## 2017 State Profile — Rhode Island

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Rhode Island, 48 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 8,001 clients in substance abuse treatment on March 31, 2017. The survey response rate in Rhode Island was 89.1 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	31	64.6	4,396	54.9	51	100.0
Private for-profit	14	29.2	3,243	40.5	—	—
Local, county, or community government	—	—	—	—	—	—
State government	—	—	—	—	—	—
Federal government	2	4.2	360	4.5	—	—
Tribal government	1	2.1	2	*	—	—
<b>Total</b>	<b>48</b>	<b>100.0</b>	<b>8,001</b>	<b>100.0</b>	<b>51</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	44	93.6	3,132	39.1	365
Clients with drug abuse only	39	83.0	3,869	48.4	453
Clients with alcohol abuse only	33	70.2	1,000	12.5	115
<b>Total</b>			<b>8,001</b>	<b>100.0</b>	<b>933</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>41</b>	<b>85.4</b>	<b>7,660</b>	<b>95.7</b>	<b>332</b>	<b>84</b>	<b>51</b>	<b>100.0</b>
Regular	40	83.3	2,369	29.6	24	50		
Intensive	20	41.7	337	4.2	11	21		
Day treatment/partial hospitalization	9	18.8	26	0.3	11	15		
Detoxification	15	31.3	16	0.2	2	—		
Methadone maintenance	25	52.1	4,912	61.4	279	26		
<b>Residential (non-hospital)</b>	<b>11</b>	<b>22.9</b>	<b>269</b>	<b>3.4</b>	<b>35</b>	<b>16</b>	<b>—</b>	<b>—</b>
Short term (<30 days)	8	16.7	123	1.5	11	21		
Long term (30+ days)	10	20.8	126	1.6	28	12		
Detoxification	2	4.2	20	0.2	20	—		
<b>Hospital inpatient</b>	<b>4</b>	<b>8.3</b>	<b>72</b>	<b>0.9</b>	<b>15</b>	<b>—</b>	<b>—</b>	<b>—</b>
Treatment	2	4.2	17	0.2	9	—		
Detoxification	4	8.3	55	0.7	10	—		
<b>Total</b>	<b>48</b>		<b>8,001</b>	<b>100.0</b>	<b>332</b>	<b>57</b>	<b>51</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>18</b>	<b>1.4</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	4,435	1.1
Methadone	4,155	1.1
Buprenorphine	249	0.9
Naltrexone	31	0.9
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	659	0.6
Buprenorphine	625	0.7
Naltrexone	34	0.2

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	45	93.8
Private health insurance	43	89.6
Medicare	20	41.7
Medicaid	42	87.5
State-financed health insurance	38	79.2
Federal military insurance	22	45.8
No payment accepted	—	—
Access to Recovery (ATR) vouchers <sup>2</sup>	15	31.3
IHS/Tribal/Urban (ITU) funds	1	2.1
Other payments	—	—
Sliding fee scale	16	33.3
Treatment at no charge for clients who can't pay	12	25.0

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	46	95.8
State substance abuse agency	40	83.3
State mental health department	34	70.8
State department of health	31	64.6
Hospital licensing authority	8	16.7
The Joint Commission	13	27.1
Commission on Accreditation of Rehabilitation Facilities	26	54.2
National Committee for Quality Assurance	2	4.2
Council on Accreditation	5	10.4
Healthcare Facilities Accreditation Program	1	2.1
Other state/local agency/organization	—	—

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	20	41.7

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	46	95.8
Screening for mental health disorders	37	77.1
Comprehensive substance abuse assessment or diagnosis	48	100.0
Comprehensive mental health assessment or diagnosis	35	72.9
Screening for tobacco use	39	81.3
Outreach to persons in the community who may need treatment	32	66.7
Interim services for clients when immediate admission is not possible	21	43.8
No services offered	—	—
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	40	83.3
Drug or alcohol urine screening	46	95.8
Screening for hepatitis B	13	27.1
Screening for hepatitis C	18	37.5
HIV testing	18	37.5
STD testing	10	20.8
TB screening	21	43.8
No services offered	1	2.1
<b>Counseling</b>		
Individual counseling	47	97.9
Group counseling	44	91.7
Family counseling	43	89.6
Marital/couples counseling	34	70.8
<b>Transitional services</b>		
Discharge planning	48	100.0
Aftercare/continuing care	46	95.8
No services offered	—	—
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	22	45.8
Naltrexone (oral)	24	50.0
Extended-release, injectable naltrexone/Vivitrol®	20	41.7
Acamprosate (Campral®)	20	41.7
Nicotine replacement	21	43.8
Non-nicotine smoking/tobacco cessation medications	15	31.3
Medications for psychiatric disorders	29	60.4
Methadone	18	37.5
Buprenorphine with naloxone (Suboxone®)	31	64.6
Buprenorphine without naloxone	20	41.7
Buprenorphine subdermal implant (Probuphine®)	2	4.2
No services offered	3	6.3
<b>Ancillary services</b>		
Case management services	45	93.8
Social skills development	38	79.2
Mentoring/peer support	32	66.7
Child care for clients' children	3	6.3
Assistance with obtaining social services	35	72.9
Employment counseling or training for clients	17	35.4

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	36	75.0
Domestic violence services	20	41.7
Early intervention for HIV	19	39.6
HIV or AIDS education, counseling, or support	34	70.8
Hepatitis education, counseling, or support	33	68.8
Health education other than HIV/AIDS or hepatitis	30	62.5
Substance abuse education	47	97.9
Transportation assistance to treatment	29	60.4
Mental health services	37	77.1
Acupuncture	7	14.6
Residential beds for clients' children	1	2.1
Self-help groups	23	47.9
Smoking/tobacco cessation counseling	31	64.6
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	16	33.3
Treatment for Internet use disorder	5	10.4
Treatment for other addiction disorder	10	20.8
No services offered	30	62.5

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	47	97.9
Relapse prevention	46	95.8
Cognitive behavioral therapy	46	95.8
Motivational interviewing	43	89.6
Anger management	39	81.3
Brief intervention	39	81.3
Trauma-related counseling	39	81.3
12-step facilitation	35	72.9
Contingency management/motivational incentives	28	58.3
Dialectical behavior therapy	30	62.5
Rational emotive behavioral therapy	16	33.3
Matrix model	12	25.0
Computerized substance abuse treatment	4	8.3
Community reinforcement plus vouchers	5	10.4
Other treatment approaches	—	—

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	11	3
Number of clients <sup>2</sup>	269	63
Number of designated beds	284	58
Utilization rate <sup>3</sup>	94.7	108.6
Average number of designated beds per facility	26	19

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	419
Methadone	392
Buprenorphine	23
Naltrexone	3

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	10	20.8
Any language other than English	29	60.4
<b>Non-English language provided by</b>		
Staff counselor only	8	27.6
On-call interpreter only	13	44.8
Both staff counselor and on-call interpreter	8	27.6
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	15	93.8
American Indian/Alaskan Native languages	—	—
Other	4	25.0

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	41	85.4
Adult women	30	62.5
Clients with co-occurring disorders	30	62.5
Adult men	26	54.2
Clients who have experienced trauma	14	29.2
Criminal justice clients	18	37.5
DUI/DWI clients	11	22.9
Young adults	7	14.6
Adolescents	6	12.5
Clients who have experienced domestic violence	8	16.7
Clients who have experienced sexual abuse	8	16.7
Pregnant or postpartum women	15	31.3
Seniors or older adults	12	25.0
LGBT <sup>1</sup>	8	16.7
Veterans	9	18.8
Clients living with HIV/AIDS	6	12.5
Members of military families	5	10.4
Active duty military	6	12.5
Other	2	4.2
No program or group offered	7	14.6

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

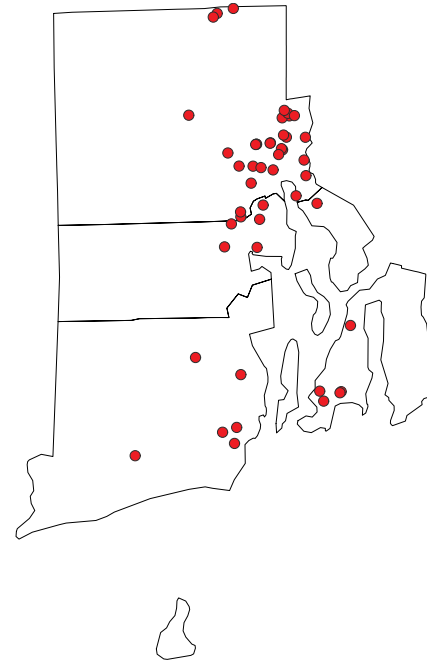
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)