

2011 State Profile — Tennessee

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Tennessee, 208 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 16,590 clients in substance abuse treatment on March 31, 2011. The survey response rate in Tennessee was 96.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	146	70.2	8,307	50.1	648	67.6
Private for-profit	51	24.5	7,384	44.5	242	25.3
Local, county, or community government	3	1.4	129	0.8	66	6.9
State government	2	1.0	29	0.2	2	0.2
Federal government	6	2.9	741	4.5	0	0.0
Dept. of Veterans Affairs	5	2.4	706	4.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	1	0.5	35	0.2	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	208	100.0	16,590	100.0	958	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	86	41.3	8,734	52.6	405	42.3
Mental health services	47	22.6	3,190	19.2	270	28.2
Mix of mental health & substance abuse treatment services	70	33.7	4,110	24.8	283	29.5
General health care	4	1.9	523	3.2	0	0.0
Other/unknown	1	0.5	33	0.2	0	0.0
Total	208	100.0	16,590	100.0	958	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	160	89.9	4,703	28.3	87	
Clients with drug abuse only	160	89.9	9,386	56.6	183	
Clients with alcohol abuse only	148	83.1	2,501	15.1	48	
Total²	178		16,590	100.0	318	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	170	81.7	14,368	86.6	35	715	74.6
Regular	139	66.8	6,809	41.0	20		
Intensive	91	43.8	1,930	11.6	15		
Day treatment/partial hospitalization	34	16.3	152	0.9	0		
Detoxification	14	6.7	20	0.1	0		
Methadone maintenance	14	6.7	5,457	32.9	322		
Residential (non-hospital)	68	32.7	2,075	12.5	18	243	25.4
Short term	46	22.1	781	4.7	13		
Long term	58	27.9	1,088	6.6	12		
Detoxification	25	12.0	206	1.2	3		
Hospital Inpatient	14	6.7	147	0.9	9	0	0.0
Treatment	10	4.8	41	0.2	0		
Detoxification	14	6.7	106	0.6	7		
Total	208		16,590	100.0	35	958	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	9	0.8
Clients in Facilities with OTPs		
Methadone	5,371	99.5
Buprenorphine	25	0.5
Total	5,396	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	192	92.3
Private health insurance	147	70.7
Medicare	99	47.6
Medicaid	119	57.2
Other State-financed health insurance	123	59.1
Federal military insurance	95	45.7
Access to Recovery (ATR) vouchers ²	69	33.2
Accepts HIS/638 contract care funds	4	1.9
No payment accepted	6	2.9
Accepts other payments	0	0.0
Sliding fee scale	129	62.0
Treatment at no charge for clients who cannot pay	93	44.7

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	197	94.7
State substance abuse agency	120	57.7
State mental health department	174	83.7
State department of health	63	30.3
Hospital licensing authority	8	3.8
The Joint Commission	62	29.8
CARF ²	49	23.6
NCQA ³	4	1.9
COA ⁴	8	3.8
Other State/Local Agency/Org	3	1.4

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	146	70.2

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	208	100.0
Screening for substance abuse	203	97.6
Screening for mental health disorders	168	80.8
Comprehensive substance abuse assessment or diagnosis	190	91.3
Comprehensive mental health assessment or diagnosis	125	60.1
Screening for tobacco use	93	44.7
Outreach to persons in the community who may need treatment	135	64.9
Interim services for clients when immediate admission is not possible	83	39.9
Testing	179	86.1
Breathalyzer or blood alcohol testing	87	41.8
Drug or alcohol urine screening	174	83.7
Screening for Hepatitis B	38	18.3
Screening for Hepatitis C	43	20.7
HIV testing	61	29.3
STD testing	46	22.1
TB screening	118	56.7
Counseling	206	99.0
Individual counseling	202	97.1
Group counseling	186	89.4
Family counseling	190	91.3
Marital/couples counseling	141	67.8
Transitional Services	206	99.0
Discharge planning	201	96.6
Aftercare/continuing care	192	92.3
Pharmacotherapies	130	62.5
Medications for psychiatric disorders	116	55.8
Nicotine replacement	33	15.9
Campral®	40	19.2
Antabuse®	19	9.1
Naltrexone (oral)	29	13.9
Vivitrol® (injectable Naltrexone)	17	8.2
Buprenorphine	33	15.9
Subutex® or generic	24	11.5
Suboxone®	26	12.5
Methadone	14	6.7
Non-nicotine smoking/tobacco cessation medications	42	20.2
Ancillary Services	208	100.0
Case management services	163	78.4
Social skills development	155	74.5
Mentoring/peer support	114	54.8
Child care for clients' children	8	3.8
Assistance with obtaining social services	126	60.6
Employment counseling or training for clients	88	42.3
Assistance in locating housing for clients	129	62.0
Domestic violence	92	44.2
Early intervention for HIV	44	21.2
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	107	51.4
Hepatitis education, counseling, or support	61	29.3
Health education other than HIV/AIDS or hepatitis	116	55.8
Substance abuse education	187	89.9
Transportation assistance to treatment	76	36.5
Mental health services	156	75.0
Acupuncture	12	5.8
Residential beds for clients' children	8	3.8
Self-help groups	113	54.3
Smoking cessation counseling	47	22.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	203	97.6
Relapse prevention	185	88.9
Cognitive-behavioral therapy	191	91.8
12-step facilitation	184	88.5
Motivational interviewing	187	89.9
Anger management	178	85.6
Brief intervention	176	84.6
Contingency management/motivational incentives	101	48.6
Trauma-related counseling	153	73.6
Rational emotive behavioral therapy (REBT)	74	35.6
Matrix model	105	50.5
Community reinforcement plus vouchers	20	9.6
Other treatment approaches	25	12.0

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	53	9
Number of clients ²	1,773	108
Number of designated beds	1,916	161
Utilization rate (%)	92.5	67.1
No. of designated beds/facility (avg.)	36	18

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

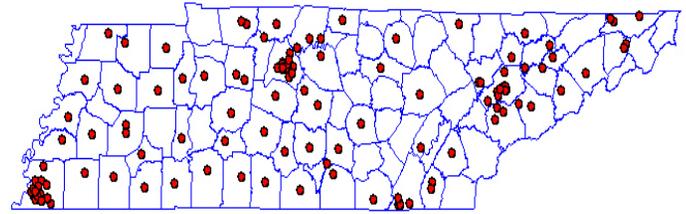
	Facilities	
	No.	%
Any program or group	130	62.5
Co-occurring disorders	78	37.5
Adult women	38	18.3
Adolescents	43	20.7
DUI/DWI offenders	38	18.3
Criminal justice clients	20	9.6
Adult men	31	14.9
Pregnant or postpartum women	18	8.7
Persons with HIV or AIDS	14	6.7
Seniors or older adults	5	2.4
Lesbian, gay, bisexual, or transgender clients (LGBT)	5	2.4
Other groups	9	4.3

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	114	54.8
Any language other than English	112	53.8
Non-English Language Provided by:		
On-call interpreter only	96	85.7
Staff counselor only	3	2.7
Both staff counselor and on-call interpreter	13	11.6
Languages Provided by Staff Counselor:¹		
Spanish	16	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	6.3

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/