

## 2017 State Profile — Tennessee

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Tennessee, 217 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 16,765 clients in substance abuse treatment on March 31, 2017. The survey response rate in Tennessee was 92.4 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	140	64.5	7,580	45.2	372	47.2
Private for-profit	71	32.7	8,539	50.9	416	52.8
Local, county, or community government	1	0.5	8	*	—	—
State government	1	0.5	48	0.3	—	—
Federal government	4	1.8	590	3.5	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>217</b>	<b>100.0</b>	<b>16,765</b>	<b>100.0</b>	<b>788</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	177	91.7	5,158	31.1	90
Clients with drug abuse only	163	84.5	9,481	57.1	178
Clients with alcohol abuse only	141	73.1	1,955	11.8	35
<b>Total</b>			<b>16,594</b>	<b>100.0</b>	<b>303</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>194</b>	<b>89.4</b>	<b>14,821</b>	<b>88.4</b>	<b>755</b>	<b>28</b>	<b>578</b>	<b>73.4</b>
Regular	155	71.4	7,167	42.7	782	20		
Intensive	116	53.5	2,041	12.2	—	15		
Day treatment/partial hospitalization	40	18.4	264	1.6	—	5		
Detoxification	19	8.8	164	1.0	20	4		
Methadone maintenance	33	15.2	5,185	30.9	754	14		
<b>Residential (non-hospital)</b>	<b>61</b>	<b>28.1</b>	<b>1,485</b>	<b>8.9</b>	<b>—</b>	<b>18</b>	<b>175</b>	<b>22.2</b>
Short term (<30 days)	43	19.8	757	4.5	—	19		
Long term (30+ days)	54	24.9	563	3.4	—	15		
Detoxification	26	12.0	165	1.0	—	7		
<b>Hospital inpatient</b>	<b>16</b>	<b>7.4</b>	<b>459</b>	<b>2.7</b>	<b>—</b>	<b>20</b>	<b>35</b>	<b>4.4</b>
Treatment	13	6.0	302	1.8	—	20		
Detoxification	16	7.4	157	0.9	—	10		
<b>Total</b>	<b>217</b>		<b>16,765</b>	<b>100.0</b>	<b>755</b>	<b>31</b>	<b>788</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>8</b>	<b>0.6</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	5,187	1.3
Methadone	4,776	1.2
Buprenorphine	411	1.5
Naltrexone	—	—
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	1,374	1.3
Buprenorphine	1,217	1.4
Naltrexone	157	0.8

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	205	94.5
Private health insurance	165	76.0
Medicare	97	44.7
Medicaid	137	63.1
State-financed health insurance	126	58.1
Federal military insurance	99	45.6
No payment accepted	3	1.4
Access to Recovery (ATR) vouchers <sup>2</sup>	27	12.4
IHS/Tribal/Urban (ITU) funds	6	2.8
Other payments	—	—
Sliding fee scale	139	64.1
Treatment at no charge for clients who can't pay	97	44.7

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	207	95.4
State substance abuse agency	144	66.4
State mental health department	174	80.2
State department of health	68	31.3
Hospital licensing authority	11	5.1
The Joint Commission	65	30.0
Commission on Accreditation of Rehabilitation Facilities	71	32.7
National Committee for Quality Assurance	6	2.8
Council on Accreditation	17	7.8
Healthcare Facilities Accreditation Program	3	1.4
Other state/local agency/organization	6	2.8

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	136	62.7

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	212	97.7
Screening for mental health disorders	187	86.2
Comprehensive substance abuse assessment or diagnosis	203	93.5
Comprehensive mental health assessment or diagnosis	138	63.6
Screening for tobacco use	115	53.0
Outreach to persons in the community who may need treatment	160	73.7
Interim services for clients when immediate admission is not possible	94	43.3
No services offered	2	0.9
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	116	53.5
Drug or alcohol urine screening	200	92.2
Screening for hepatitis B	55	25.3
Screening for hepatitis C	67	30.9
HIV testing	81	37.3
STD testing	56	25.8
TB screening	145	66.8
No services offered	13	6.0
<b>Counseling</b>		
Individual counseling	214	98.6
Group counseling	210	96.8
Family counseling	195	89.9
Marital/couples counseling	149	68.7
<b>Transitional services</b>		
Discharge planning	214	98.6
Aftercare/continuing care	204	94.0
No services offered	2	0.9
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	40	18.4
Naltrexone (oral)	51	23.5
Extended-release, injectable naltrexone/Vivitrol®	58	26.7
Acamprosate (Campral®)	33	15.2
Nicotine replacement	56	25.8
Non-nicotine smoking/tobacco cessation medications	55	25.3
Medications for psychiatric disorders	131	60.4
Methadone	8	3.7
Buprenorphine with naloxone (Suboxone®)	47	21.7
Buprenorphine without naloxone	34	15.7
Buprenorphine subdermal implant (Probuphine®)	2	0.9
No services offered	60	27.6
<b>Ancillary services</b>		
Case management services	179	82.5
Social skills development	170	78.3
Mentoring/peer support	123	56.7
Child care for clients' children	9	4.1
Assistance with obtaining social services	113	52.1
Employment counseling or training for clients	86	39.6

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	134	61.8
Domestic violence services	96	44.2
Early intervention for HIV	53	24.4
HIV or AIDS education, counseling, or support	123	56.7
Hepatitis education, counseling, or support	93	42.9
Health education other than HIV/AIDS or hepatitis	127	58.5
Substance abuse education	214	98.6
Transportation assistance to treatment	85	39.2
Mental health services	176	81.1
Acupuncture	11	5.1
Residential beds for clients' children	4	1.8
Self-help groups	118	54.4
Smoking/tobacco cessation counseling	76	35.0
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	21	9.7
Treatment for Internet use disorder	22	10.1
Treatment for other addiction disorder	50	23.0
No services offered	164	75.6

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	217	100.0
Relapse prevention	212	97.7
Cognitive behavioral therapy	198	91.2
Motivational interviewing	202	93.1
Anger management	189	87.1
Brief intervention	185	85.3
Trauma-related counseling	195	89.9
12-step facilitation	171	78.8
Contingency management/motivational incentives	103	47.5
Dialectical behavior therapy	121	55.8
Rational emotive behavioral therapy	97	44.7
Matrix model	112	51.6
Computerized substance abuse treatment	46	21.2
Community reinforcement plus vouchers	20	9.2
Other treatment approaches	6	2.8

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	56	10
Number of clients <sup>2</sup>	1,415	330
Number of designated beds	1,738	156
Utilization rate <sup>3</sup>	81.4	211.5
Average number of designated beds per facility	31	16

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	77
Methadone	71
Buprenorphine	6
Naltrexone	—

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	117	53.9
Any language other than English	136	62.7
<b>Non-English language provided by</b>		
Staff counselor only	6	4.4
On-call interpreter only	113	83.1
Both staff counselor and on-call interpreter	17	12.5
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	21	91.3
American Indian/Alaskan Native languages	—	—
Other	4	17.4

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	174	80.2
Adult women	77	35.5
Clients with co-occurring disorders	122	56.2
Adult men	67	30.9
Clients who have experienced trauma	59	27.2
Criminal justice clients	47	21.7
DUI/DWI clients	38	17.5
Young adults	44	20.3
Adolescents	48	22.1
Clients who have experienced domestic violence	32	14.7
Clients who have experienced sexual abuse	39	18.0
Pregnant or postpartum women	42	19.4
Seniors or older adults	32	14.7
LGBT <sup>1</sup>	24	11.1
Veterans	28	12.9
Clients living with HIV/AIDS	26	12.0
Members of military families	17	7.8
Active duty military	14	6.5
Other	2	0.9
No program or group offered	43	19.8

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

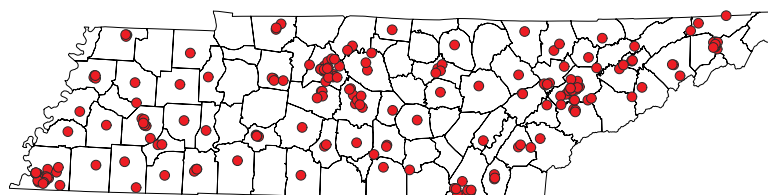
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>