

# State Profile - Texas

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Texas**, 538 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 33,820 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Texas** was 95%.

<b>Facility Ownership/Operation</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Private non-profit	295	55%	13,612	40%	2,176	60%		
Private for-profit	192	36%	15,033	45%	1,135	31%		
Local government	19	4%	1,832	5%	212	6%		
State government	11	2%	550	2%	103	3%		
Federal government	20	4%	2,733	8%	–	–		
Dept. of Veterans Affairs	9	2%	2,239	7%	–	–		
Dept. of Defense	11	–	494	2%	–	–		
Indian Health Service	–	–	–	–	–	–		
Other	–	–	–	–	–	–		
Tribal government	1	<1%	60	<1%	5	<1%		
<b>Total</b>	<b>538</b>	<b>100%</b>	<b>33,820</b>	<b>100%</b>	<b>3,631</b>	<b>100%</b>		

<b>Primary Focus of Facility</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Substance abuse treatment services	394	73%	25,555	76%	2,781	77%		
Mental health services	41	8%	1,929	6%	403	11%		
Mix of mental health & substance abuse treatment services	80	15%	4,160	12%	385	11%		
General health care	11	2%	1,616	5%	–	–		
Other/unknown	12	2%	560	2%	62	2%		
<b>Total</b>	<b>538</b>	<b>100%</b>	<b>33,820</b>	<b>100%</b>	<b>3,631</b>	<b>100%</b>		

<b>Substance Abuse Problem Treated</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities<sup>1</sup></b>		<b>Clients</b>		<b>Clients per 100,000 Pop.</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>Aged 18 and Over</b>			
Clients with both alcohol and drug abuse	410	88%	15,526	46%	87			
Clients with drug abuse only	388	83%	13,762	41%	79			
Clients with alcohol abuse only	339	73%	4,495	13%	26			
<b>Total<sup>2</sup></b>	<b>467</b>		<b>33,783</b>	<b>100%</b>	<b>192</b>			

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Excludes 71 facilities that were not asked or did not respond to this question.

## Type of Care

	Clients in Treatment on March 31, 2004						
	Facilities <sup>1</sup>		All Clients		Median No. of Clients Per Facility	Clients Under Age 18	
	No.	%	No.	%		No.	%
<b>Outpatient</b>	<b>440</b>	<b>82%</b>	<b>27,278</b>	<b>81%</b>	<b>34</b>	<b>2,603</b>	<b>72%</b>
Regular outpatient	372	69%	13,363	40%	17		
Intensive outpatient	272	51%	4,013	12%	10		
Day treatment/partial hospitalization	71	13%	1,117	3%	4		
Detoxification	48	9%	328	1%	–		
Methadone	61	11%	8,567	25%	113		
<b>Residential</b>	<b>169</b>	<b>31%</b>	<b>5,581</b>	<b>17%</b>	<b>23</b>	<b>829</b>	<b>23%</b>
Short term	107	20%	1,589	5%	8		
Long term	147	27%	3,758	11%	16		
Detoxification	39	7%	234	1%	5		
<b>Hospital Inpatient</b>	<b>58</b>	<b>11%</b>	<b>961</b>	<b>3%</b>	<b>8</b>	<b>199</b>	<b>6%</b>
Rehabilitation	39	7%	586	2%	6		
Detoxification	53	10%	375	1%	4		
<b>Total</b>	<b>538</b>		<b>33,820</b>	<b>100%</b>	<b>35</b>	<b>3,631</b>	<b>100%</b>

<sup>1</sup> Facilities may be included in more than one category.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs</b>		
Maintenance only	31	50%
Detoxification only	1	2%
Both maintenance and detoxification	30	48%
<b>Total</b>	<b>62</b>	<b>100%</b>
<b>Clients in Facilities with OTPs</b>	<b>8,733</b>	
Methadone	8,713	
Buprenorphine	20	

## Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	469	87%
Private health insurance	316	59%
Medicare	108	20%
Medicaid	210	39%
Other State-financed health insurance	193	36%
Federal military insurance	142	26%
No payment accepted	34	6%
Other type of payment	79	15%
Sliding fee scale	321	60%
Treatment at no charge for clients who cannot pay	323	60%

## Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities <sup>1</sup>	137	30
No. of clients	4,876	744
Designated beds	5,556	802
Utilization rate	88%	93%
Designated beds per facility (average)	41	27

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

## Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	518	96%
State substance abuse agency	439	82%
State mental health department	61	11%
State public health department/board of health	109	20%
Hospital licensing authority	50	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	114	21%
CARF (Rehabilitation Accreditation Commission)	75	14%
NCQA (National Committee for Quality Assurance)	8	2%
COA (Council for Accreditation for Children and Family Services)	7	1%
Other State/Local Agency/Organization	47	9%

## Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	246	45%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	337	63%

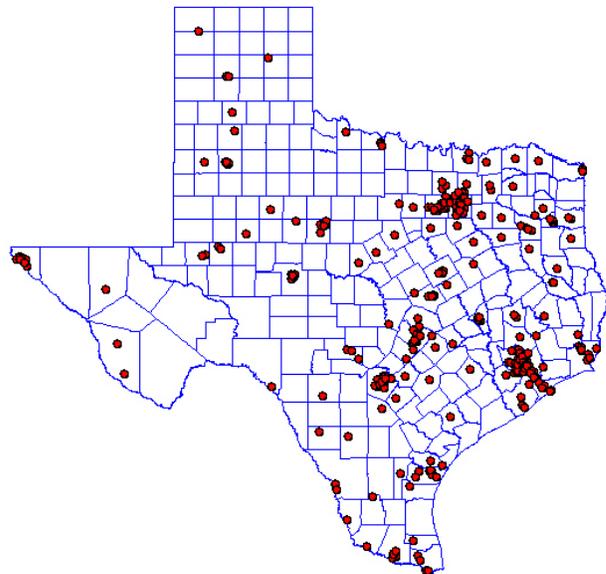
## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	399	74%
Adolescents	159	29%
Co-occurring disorders	198	37%
Criminal justice clients	144	27%
Persons with HIV or AIDS	66	12%
Gays and lesbians	36	7%
Seniors or older adults	38	7%
Women	119	22%
Pregnant or postpartum women	106	20%
Men	93	17%
DUI/DWI offenders	65	12%
Other groups	40	7%

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment Services</b>	<b>511</b>	<b>95%</b>
Comprehensive substance abuse assessment or diagnosis	501	93%
Comprehensive mental health assessment or diagnosis	150	28%
<b>Substance Abuse Therapy and Counseling</b>	<b>532</b>	<b>99%</b>
Family counseling	423	79%
Group therapy	467	87%
Individual therapy	511	95%
Relapse prevention	442	82%
Aftercare counseling	424	79%
<b>Pharmacotherapies</b>	<b>59</b>	<b>11%</b>
Antabuse	34	6%
Naltrexone	45	8%
Buprenorphine	31	6%
Methadone	71	13%
<b>Testing</b>	<b>433</b>	<b>80%</b>
Breathalyzer or blood alcohol testing	190	35%
Drug or alcohol urine screening	411	76%
Screening for Hepatitis B	161	30%
Screening for Hepatitis C	174	32%
HIV testing	248	46%
STD testing	184	34%
TB screening	208	39%
<b>Transitional Services</b>	<b>506</b>	<b>94%</b>
Assistance with obtaining social services	276	51%
Discharge planning	491	91%
Employment counseling or training	191	36%
Assistance in locating housing	227	42%
<b>Other Services</b>	<b>505</b>	<b>94%</b>
Case management services	410	76%
Child care	39	7%
Domestic violence	132	25%
HIV or AIDS education, counseling or support	357	66%
Outcome follow-up after discharge	418	78%
Transportation assistance to treatment	200	37%
Acupuncture	20	4%
Residential beds for clients' children	24	4%

## Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

## Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	139	26%
Any language other than English	316	59%
Staff counselor	189	60%
On-call interpreter	74	23%
Both staff counselor and on-call interpreter	53	17%
Spanish	238	44%
American Indian/Alaska Native languages	–	–
Other	12	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



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