

State Profile -- Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

For more information on N-SSATS methodology visit this website: <http://www.oas.samhsa.gov/dasis.htm#Reports>

In **Texas**, 523 substance abuse treatment facilities responded to the 2006 N-SSATS, reporting that there were 34,099 clients in substance abuse treatment on March 31, 2006. The survey response rate in **Texas** was 96.4%.

Facility Ownership/Operation						
	Facilities		Clients in Treatment on March 31, 2006			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private-non-profit	251	48.0	12,246	35.9	1,670	47.2
Private for-profit	224	42.8	17,283	50.7	1,363	38.5
Local government	15	2.9	1,217	3.6	363	10.3
State government	12	2.3	560	1.6	120	3.4
Federal government	20	3.8	2,776	8.1	20	0.6
Dept. of Veterans Affairs	10	1.9	2,213	6.5	0	0.0
Dept. of Defense	10	1.9	563	1.7	20	0.6
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.2	17	0.0	0	0.0
Total	523	100.0	34,099	100.0	3,536	100.0
Primary Focus of Facility						
	Facilities		Clients in Treatment on March 31, 2006			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	388	74.2	27,918	81.9	2,647	74.9
Mental health services	36	6.9	959	2.8	223	6.3
Mix of mental health & substance abuse treatment services	82	15.7	3,519	10.3	654	18.5
General health care	9	1.7	1,548	4.5	3	0.1
Other/unknown	8	1.5	155	0.5	9	0.3
Total	523	100.0	34,099	100.0	3,536	100.0
Substance Abuse Problem Treated						
	Facilities^{1, 2}		Clients in Treatment on March 31, 2006			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	408	88.1	15,942	46.8	82	
Clients with drug abuse only	364	78.6	14,158	41.6	79	
Clients with alcohol abuse only	323	69.8	3,966	11.6	21	
Total²	463		34,066	100.0	182	
¹ Facilities may be included in more than one category. ² Facilities excluded because they were not asked or did not respond to this question: 60						

Type of Care	Facilities		Clients in Treatment on March 31, 2006				
	No.	%	All Clients		Median No. of Clients Per Facility	Clients Under Age 18	
			No.	%		No.	%
Outpatient	431	82.4	28,311	83.0	37	2,544	71.9
Regular outpatient	355	67.9	12,441	36.5	16		
Intensive outpatient	289	55.3	5,132	15.1	10		
Day treatment/partial hospitalization	84	16.1	624	1.8	2		
Detoxification	71	13.6	178	0.5	0		
Methadone	74	14.1	9,936	29.1	100		
Residential	162	31.0	5,085	14.9	25	807	22.8
Short term	110	21.0	1,582	4.6	10		
Long term	143	27.3	3,316	9.7	15		
Detoxification	35	6.7	187	0.5	3		
Hospital Inpatient	50	9.6	703	2.1	7	185	5.2
Rehabilitation	37	7.1	454	1.3	3		
Detoxification	47	9.0	249	0.7	3		
Total	523		34,099	100.0	38	3,536	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		Facility Licensing, Approval, Certification, or Accreditation				
		Facilities ¹				
		No.	%	No.	%	
Facilities with OTPs						
Maintenance only	33	47.1	Any listed agency/organization	503	96.2	
Detoxification only	1	1.4	State substance abuse agency	396	75.7	
Both maintenance and detoxification	36	51.4	State mental health department	79	15.1	
Total	70	100.0	State public health department/	290	55.4	
Clients in Facilities with OTPs				Hospital licensing authority	39	7.5
Methadone	9,960		JCAHO ²	109	20.8	
Buprenorphine	52		CARF ³	71	13.6	
Total	10,012		NCQA ⁴	11	2.1	
Type of Payment Accepted		Facilities¹		COA ⁵	4	0.8
		No.	%	Other State/Local Agency/Org	43	8.2
Cash or self-payment	472	90.2	¹ Facilities may be licensed by more than one agency/organization			
Private Health insurance	308	58.9	² Joint Commission on Accreditation of Healthcare Organizations			
Medicare	122	23.3	³ Rehabilitation Accreditation Commission			
Medicaid	187	35.8	⁴ National Committee for Quality Assurance			
Other State-financed health insurance	163	31.2	⁵ Council for Accreditation for Children and Family Services			
Federal military insurance	130	24.9	Facility Administrative/Funding Characteristics			
Access to Recovery (ATR) vouchers	177	33.8	Facilities			
No payment accepted	19	3.6	No.	%		
Accepts other payments	10	1.9	Has agreements or contracts with managed care organizations for provision of substance abuse treatment services			
Sliding fee scale	290	55.4		216	41.3	
Treatment at no charge for clients who cannot pay	293	56.0	Receives Federal, State, county, or local government funds for substance abuse treatment programs			
				299	57.2	

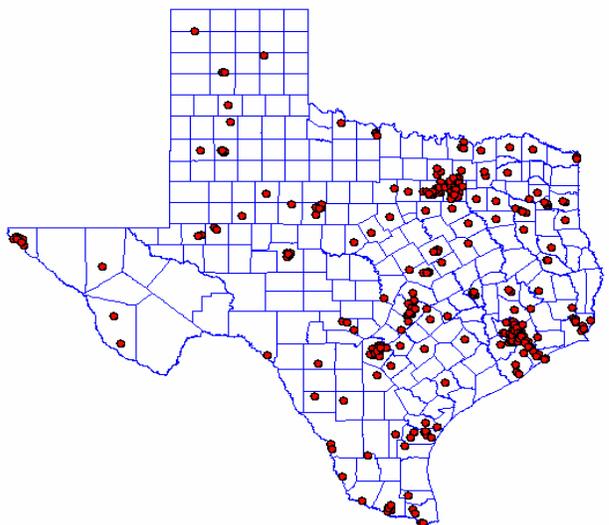
¹Facilities may accept more than one type of payment.

² Available in CA, CT, FL, ID, IL, LA, MO, NJ, NM, TN, TX, WA, WI, and WY.

Types of Services Offered	Facilities	
	No.	%
Assessment and Pre-Treatment Services	508	97.1
Screening for substance abuse	489	93.5
Screening for mental health disorders	228	43.6
Comprehensive substance abuse assessment/diagnosis	454	86.8
Comprehensive mental health assessment/diagnosis	142	27.2
Outreach to persons in the community that may need treatment	227	43.4
Brief intervention for substance users who are not yet dependent	169	32.3
Interim services for clients when immediate admission is not possible	199	38.0
Substance Abuse Therapy and Counseling	514	98.3
Family counseling	416	79.5
Group therapy, not including relapse prevention	450	86.0
Individual therapy	492	94.1
Relapse prevention groups	428	81.8
Aftercare/continuing care	425	81.3
Pharmacotherapies	177	33.8
Antabuse	38	7.3
Naltrexone	41	7.8
Campral	45	8.6
Buprenorphine - Subutex	20	3.8
Buprenorphine - Suboxone	46	8.8
Methadone	80	15.3
Nicotine Replacement	42	8.0
Medications for psychiatric disorders	95	18.2
Testing	451	86.2
Breathalyzer/blood alcohol testing	195	37.3
Drug or alcohol urine screening	438	83.7
Hepatitis B	146	27.9
Hepatitis C	149	28.5
HIV testing	212	40.5
STD testing	169	32.3
TB screening	205	39.2
Transitional Services	495	94.6
Assistance obtaining social services	255	48.8
Discharge planning	481	92.0
Employment counseling or training	181	34.6
Assistance in locating housing	208	39.8
Other Services	515	98.5
Case management services	397	75.9
Social skills development	319	61.0
Mentoring/peer support	230	44.0
Child care for clients' children	45	8.6
Domestic violence	127	24.3
Early intervention for HIV	124	23.7
HIV or AIDS education, counseling, or support	352	67.3
Outcome follow-up after discharge	415	79.3
Health education other than HIV/AIDS	254	48.6
Substance abuse education	489	93.5
Transportation assistance to treatment	191	36.5
Mental health services	187	35.8
Acupuncture	21	4.0
Residential beds for clients' children	25	4.8
Self-help groups	238	45.5

Facility Capacity and Utilization Rate (%)			Programs for Special Groups		
	Hospital Residential Inpatient		Facilities		
			No.		%
Number of facilities ¹	129	24	404		77.2
Number of clients	4,622	408	159		30.4
Designated beds	5,327	533	128		24.5
Utilization rate	87	76.5	159		30.4
Designated beds per facility (average)	41	22	61		11.7
			138		26.4
			99		18.9
			86		16.4
			42		8.0
			39		7.5
			21		4.0
			44		8.4

Services for the Hearing Impaired and in Languages Other than English		
	Facilities	
	No.	%
Hearing impaired/sign language	158	30.2
Any language other than English	277	53.0
Spanish	216	98.2
American Indian/Alaska Native languages	0	0.0
Other	12	5.5
Services Provided by:		
On-call interpreter	57	20.6
Staff counselor	170	61.4
Both staff counselor and on-call interpreter	50	18.1

Location of Treatment Facilities		
		
<ul style="list-style-type: none"> • Access N-SSATS profiles for individual States at: http://www.dasis.samhsa.gov/webt/NewMapv1.htm • For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/ 		

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2006. All material appearing in this report is in the public domain and may be reproduced without

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov/>

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
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