

2017 State Profile — Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Texas, 431 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 35,474 clients in substance abuse treatment on March 31, 2017. The survey response rate in Texas was 82 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	187	43.4	11,403	32.1	905	52.4
Private for-profit	190	44.1	17,219	48.5	548	31.7
Local, county, or community government	27	6.3	2,537	7.2	202	11.7
State government	7	1.6	1,821	5.1	72	4.2
Federal government	19	4.4	2,476	7.0	—	—
Tribal government	1	0.2	18	0.1	—	—
Total	431	100.0	35,474	100.0	1,727	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	345	85.4	13,382	37.7	59
Clients with drug abuse only	329	81.4	16,874	47.6	78
Clients with alcohol abuse only	269	66.6	5,218	14.7	24
Total			35,474	100.0	161

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	362	84.0	30,140	85.0	149	32	1,066	61.7
Regular	301	69.8	12,398	34.9	122	25		
Intensive	232	53.8	4,787	13.5	98	15		
Day treatment/partial hospitalization	65	15.1	928	2.6	200	12		
Detoxification	41	9.5	299	0.8	3	8		
Methadone maintenance	91	21.1	11,728	33.1	140	20		
Residential (non-hospital)	108	25.1	4,224	11.9	40	27	445	25.8
Short term (<30 days)	81	18.8	1,511	4.3	29	20		
Long term (30+ days)	94	21.8	2,432	6.9	—	16		
Detoxification	36	8.4	281	0.8	100	6		
Hospital inpatient	41	9.5	1,110	3.1	26	15	216	12.5
Treatment	35	8.1	810	2.3	21	16		
Detoxification	38	8.8	300	0.8	5	5		
Total	431		35,474	100.0	152	35	1,727	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	62	4.7
Clients in facilities with OTPs²		
Any MAT	11,701	2.8
Methadone	10,973	2.9
Buprenorphine	684	2.5
Naltrexone	44	1.3
Clients in facilities without OTPs²		
Any MAT	1,029	1.0
Buprenorphine	718	0.8
Naltrexone	311	1.6

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	389	90.3
Private health insurance	271	62.9
Medicare	77	17.9
Medicaid	246	57.1
State-financed health insurance	165	38.3
Federal military insurance	102	23.7
No payment accepted	7	1.6
Access to Recovery (ATR) vouchers ²	21	4.9
IHS/Tribal/Urban (ITU) funds	20	4.6
Other payments	4	0.9
Sliding fee scale	211	49.0
Treatment at no charge for clients who can't pay	206	47.8

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	413	95.8
State substance abuse agency	334	77.5
State mental health department	106	24.6
State department of health	303	70.3
Hospital licensing authority	32	7.4
The Joint Commission	119	27.6
Commission on Accreditation of Rehabilitation Facilities	102	23.7
National Committee for Quality Assurance	11	2.6
Council on Accreditation	11	2.6
Healthcare Facilities Accreditation Program	6	1.4
Other state/local agency/organization	13	3.0

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	230	53.4

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	427	99.1
Screening for mental health disorders	255	59.2
Comprehensive substance abuse assessment or diagnosis	403	93.5
Comprehensive mental health assessment or diagnosis	156	36.2
Screening for tobacco use	302	70.1
Outreach to persons in the community who may need treatment	256	59.4
Interim services for clients when immediate admission is not possible	215	49.9
No services offered	2	0.5
Testing		
Breathalyzer or other blood alcohol testing	231	53.6
Drug or alcohol urine screening	387	89.8
Screening for hepatitis B	124	28.8
Screening for hepatitis C	153	35.5
HIV testing	173	40.1
STD testing	145	33.6
TB screening	177	41.1
No services offered	35	8.1
Counseling		
Individual counseling	427	99.1
Group counseling	397	92.1
Family counseling	367	85.2
Marital/couples counseling	220	51.0
Transitional services		
Discharge planning	423	98.1
Aftercare/continuing care	377	87.5
No services offered	4	0.9
Pharmacotherapies		
Disulfiram (Antabuse®)	53	12.3
Naltrexone (oral)	80	18.6
Extended-release, injectable naltrexone/Vivitrol®	59	13.7
Acamprosate (Campral®)	69	16.0
Nicotine replacement	123	28.5
Non-nicotine smoking/tobacco cessation medications	77	17.9
Medications for psychiatric disorders	153	35.5
Methadone	62	14.4
Buprenorphine with naloxone (Suboxone®)	101	23.4
Buprenorphine without naloxone	60	13.9
Buprenorphine subdermal implant (Probuphine®)	3	0.7
No services offered	197	45.7
Ancillary services		
Case management services	389	90.3
Social skills development	337	78.2
Mentoring/peer support	264	61.3
Child care for clients' children	24	5.6
Assistance with obtaining social services	209	48.5
Employment counseling or training for clients	163	37.8

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	217	50.3
Domestic violence services	117	27.1
Early intervention for HIV	135	31.3
HIV or AIDS education, counseling, or support	291	67.5
Hepatitis education, counseling, or support	273	63.3
Health education other than HIV/AIDS or hepatitis	260	60.3
Substance abuse education	424	98.4
Transportation assistance to treatment	156	36.2
Mental health services	232	53.8
Acupuncture	26	6.0
Residential beds for clients' children	9	2.1
Self-help groups	200	46.4
Smoking/tobacco cessation counseling	264	61.3
No services offered	2	0.5
Other services		
Treatment for gambling disorder	39	9.0
Treatment for Internet use disorder	32	7.4
Treatment for other addiction disorder	79	18.3
No services offered	345	80.0

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	427	99.1
Relapse prevention	417	96.8
Cognitive behavioral therapy	405	94.0
Motivational interviewing	396	91.9
Anger management	350	81.2
Brief intervention	351	81.4
Trauma-related counseling	310	71.9
12-step facilitation	335	77.7
Contingency management/motivational incentives	236	54.8
Dialectical behavior therapy	190	44.1
Rational emotive behavioral therapy	245	56.8
Matrix model	179	41.5
Computerized substance abuse treatment	62	14.4
Community reinforcement plus vouchers	54	12.5
Other treatment approaches	32	7.4

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	102	25
Number of clients ²	4,077	866
Number of designated beds	4,460	711
Utilization rate ³	91.4	121.8
Average number of designated beds per facility	44	28

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	41
Methadone	39
Buprenorphine	2
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	148	34.3
Any language other than English	250	58.0
Non-English language provided by		
Staff counselor only	98	39.2
On-call interpreter only	60	24.0
Both staff counselor and on-call interpreter	92	36.8
Languages provided by staff counselor¹		
Spanish	188	98.9
American Indian/Alaskan Native languages	—	—
Other	8	4.2

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	352	81.7
Adult women	207	48.0
Clients with co-occurring disorders	193	44.8
Adult men	195	45.2
Clients who have experienced trauma	130	30.2
Criminal justice clients	147	34.1
DUI/DWI clients	53	12.3
Young adults	111	25.8
Adolescents	115	26.7
Clients who have experienced domestic violence	98	22.7
Clients who have experienced sexual abuse	94	21.8
Pregnant or postpartum women	108	25.1
Seniors or older adults	92	21.3
LGBT ¹	86	20.0
Veterans	90	20.9
Clients living with HIV/AIDS	76	17.6
Members of military families	62	14.4
Active duty military	58	13.5
Other	12	2.8
No program or group offered	79	18.3

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

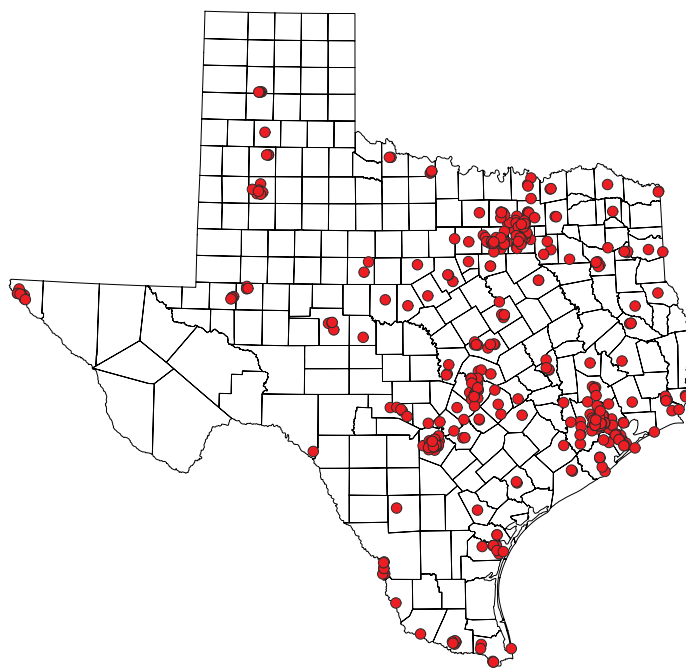
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data