

2011 State Profile — United States

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In the United States, 13,720 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 1,224,127 clients in substance abuse treatment on March 31, 2011. The survey response rate in the United States was 94.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	7,869	57.4	646,904	52.8	54,735	66.3
Private for-profit	4,194	30.6	395,577	32.3	16,406	19.9
Local, county, or community government	742	5.4	73,338	6.0	6,538	7.9
State government	351	2.6	40,303	3.3	2,622	3.2
Federal government	348	2.5	47,742	3.9	412	0.5
Dept. of Veterans Affairs	225	1.6	37,321	3.0	0	0.0
Dept. of Defense	89	0.6	8,487	0.7	26	0.0
Indian Health Service	30	0.2	1,838	0.2	386	0.5
Other	4	0.0	96	0.0	0	0.0
Tribal government	216	1.6	20,263	1.7	1,819	2.2
Total	13,720	100.0	1,224,127	100.0	82,532	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	8,094	59.0	792,248	64.7	42,564	51.6
Mental health services	877	6.4	42,099	3.4	5,620	6.8
Mix of mental health & substance abuse treatment services	4,385	32.0	364,965	29.8	33,334	40.4
General health care	190	1.4	16,496	1.3	240	0.3
Other/unknown	174	1.3	8,319	0.7	774	0.9
Total	13,720	100.0	1,224,127	100.0	82,532	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	11,797	91.9	535,259	43.8	203	
Clients with drug abuse only	10,462	81.5	464,407	38.0	183	
Clients with alcohol abuse only	10,203	79.5	221,631	18.1	87	
Total²	12,832		1,221,297	100.0	473	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	11,101	80.9	1,095,897	89.5	50	71,687	86.9
Regular	10,295	75.0	617,715	50.5	28		
Intensive	6,089	44.4	141,964	11.6	12		
Day treatment/partial hospitalization	1,702	12.4	23,338	1.9	3		
Detoxification	1,294	9.4	13,450	1.1	1		
Methadone maintenance	1,223	8.9	299,430	24.5	200		
Residential (non-hospital)	3,524	25.7	112,827	9.2	20	9,738	11.8
Short term	1,779	13.0	29,164	2.4	9		
Long term	2,881	21.0	74,337	6.1	16		
Detoxification	890	6.5	9,326	0.8	4		
Hospital Inpatient	740	5.4	15,403	1.3	10	1,107	1.3
Treatment	548	4.0	9,224	0.8	7		
Detoxification	658	4.8	6,179	0.5	5		
Total	13,720		1,224,127	100.0	42	82,532	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	1,189	100.0
Clients in Facilities with OTPs		
Methadone	306,440	97.8
Buprenorphine	7,020	2.2
Total	313,460	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	12,407	90.4
Private health insurance	8,791	64.1
Medicare	4,482	32.7
Medicaid	7,777	56.7
Other State-financed health insurance	5,355	39.0
Federal military insurance	4,528	33.0
Access to Recovery (ATR) vouchers ²	1,682	11.7
Accepts HIS/638 contract care funds	454	3.3
No payment accepted	443	3.2
Accepts other payments	140	1.0
Sliding fee scale	8,519	62.1
Treatment at no charge for clients who cannot pay	6,798	49.5

¹Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	13,042	95.1
State substance abuse agency	11,357	82.8
State mental health department	5,040	36.7
State department of health	5,814	42.4
Hospital licensing authority	999	7.3
The Joint Commission	2,550	18.6
CARF ²	3,120	22.7
NCQA ³	390	2.8
COA ⁴	713	5.2
Other State/Local Agency/Org	808	5.9

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	8,121	59.2

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	13,515	98.5
Screening for substance abuse	12,941	94.3
Screening for mental health disorders	9,047	65.9
Comprehensive substance abuse assessment or diagnosis	12,493	91.1
Comprehensive mental health assessment or diagnosis	6,093	44.4
Screening for tobacco use	6,830	49.8
Outreach to persons in the community who may need treatment	7,523	54.8
Interim services for clients when immediate admission is not possible	6,003	43.8
Testing	12,074	88.0
Breathalyzer or blood alcohol testing	8,380	61.1
Drug or alcohol urine screening	11,566	84.3
Screening for Hepatitis B	3,000	21.9
Screening for Hepatitis C	3,170	23.1
HIV testing	3,824	27.9
STD testing	2,750	20.0
TB screening	4,877	35.5
Counseling	13,570	98.9
Individual counseling	13,413	97.8
Group counseling	12,821	93.4
Family counseling	11,169	81.4
Marital/couples counseling	8,223	59.9
Transitional Services	13,347	97.3
Discharge planning	12,951	94.4
Aftercare/continuing care	11,407	83.1
Pharmacotherapies	6,785	49.5
Medications for psychiatric disorders	4,975	36.3
Nicotine replacement	2,816	20.5
Campral [®]	2,376	17.3
Antabuse [®]	2,238	16.3
Naltrexone (oral)	2,373	17.3
Vivitrol [®] (injectable Naltrexone)	1,093	8.0
Buprenorphine	2,694	19.6
Subutex [®] or generic	1,500	10.9
Suboxone [®]	2,618	19.1
Methadone	1,536	11.2
Non-nicotine smoking/tobacco cessation medications	2,133	15.5
Ancillary Services	13,610	99.2
Case management services	10,875	79.3
Social skills development	9,872	72.0
Mentoring/peer support	6,922	50.5
Child care for clients' children	1,058	7.7
Assistance with obtaining social services	7,599	55.4
Employment counseling or training for clients	5,030	36.7
Assistance in locating housing for clients	6,532	47.6
Domestic violence	5,266	38.4
Early intervention for HIV	3,561	26.0
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	7,934	57.8
Hepatitis education, counseling, or support	5,973	43.5
Health education other than HIV/AIDS or hepatitis	7,146	52.1
Substance abuse education	13,155	95.9
Transportation assistance to treatment	5,404	39.4
Mental health services	8,207	59.8
Acupuncture	599	4.4
Residential beds for clients' children	533	3.9
Self-help groups	6,417	46.8
Smoking cessation counseling	4,699	34.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	13,390	97.6
Relapse prevention	12,866	93.8
Cognitive-behavioral therapy	12,464	90.8
12-step facilitation	10,499	76.5
Motivational interviewing	11,878	86.6
Anger management	11,085	80.8
Brief intervention	10,915	79.6
Contingency management/motivational incentives	7,908	57.6
Trauma-related counseling	9,283	67.7
Rational emotive behavioral therapy (REBT)	6,421	46.8
Matrix model	5,190	37.8
Community reinforcement plus vouchers	1,832	13.4
Other treatment approaches	2,078	15.1

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	3,058	476
Number of clients ²	101,252	11,161
Number of designated beds	104,798	11,637
Utilization rate (%)	96.6	95.9
No. of designated beds/facility (avg.)	34	24

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

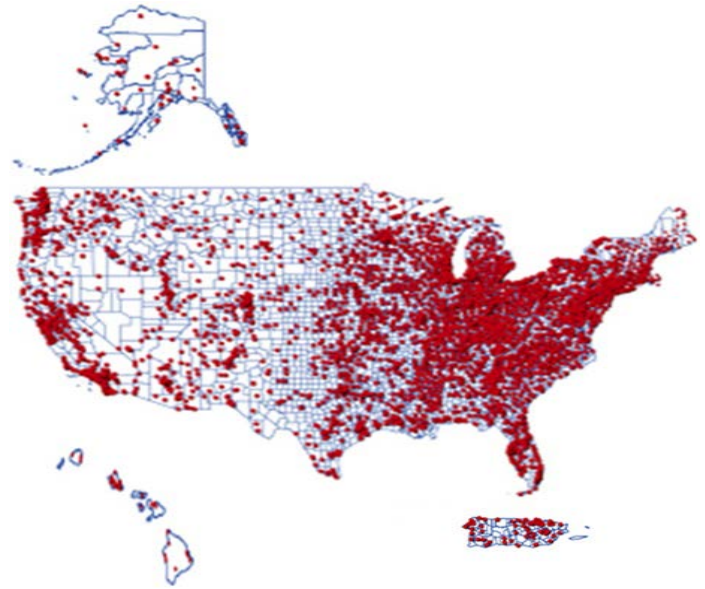
	Facilities	
	No.	%
Any program or group	11,016	80.3
Co-occurring disorders	4,943	36.0
Adult women	4,322	31.5
Adolescents	3,824	27.9
DUI/DWI offenders	3,977	29.0
Criminal justice clients	3,316	24.2
Adult men	3,367	24.5
Pregnant or postpartum women	1,739	12.7
Persons with HIV or AIDS	1,107	8.1
Seniors or older adults	875	6.4
Lesbian, gay, bisexual, or transgender clients (LGBT)	748	5.5
Other groups	1,423	10.4

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	3,856	28.1
Any language other than English	5,680	41.4
Non-English Language Provided by:		
On-call interpreter only	1,953	34.4
Staff counselor only	2,359	41.5
Both staff counselor and on-call interpreter	1,368	24.1
Languages Provided by Staff Counselor:¹		
Spanish	3,503	94.0
American Indian/Alaska Native languages	122	3.3
Other	969	26.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's
 Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>