

2013 State Profile — United States

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In the United States, 14,148 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 1,249,629 clients in substance abuse treatment on March 29, 2013. The survey response rate in the United States was 94.4%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	7,820	55.3	638,858	51.1	50,147	64.2
Private for-profit	4,575	32.3	430,362	34.4	17,631	22.6
Local, county, or community government	739	5.2	72,949	5.8	5,510	7.1
State government	351	2.5	35,812	2.9	2,129	2.7
Federal government	370	2.6	53,695	4.3	414	0.5
Tribal government	293	2.1	17,953	1.4	2,325	3.0
Total	14,148	100.0	1,249,629	100.0	78,156	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	12,911	93.6	534,078	43.0	203
Clients with drug abuse only	11,691	84.7	491,903	39.6	194
Clients with alcohol abuse only	11,153	80.8	216,856	17.4	84
Total	13,797		1,242,837	100.0	481

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 351.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	11,542	81.6	1,127,235	90.2	46	69,184	88.5
Regular	10,771	76.1	603,315	48.3	25		
Intensive	6,363	45.0	147,162	11.8	10		
Day treatment/partial hospitalization	1,742	12.3	22,828	1.8	3		
Detoxification	1,362	9.6	13,839	1.1	1		
Methadone/buprenorphine maintenance or Vivitrol®	1,848	13.1	340,091	27.2	106		
Residential (non-hospital)	3,450	24.4	107,727	8.6	18	8,071	10.3
Short term (<30 days)	1,736	12.3	27,184	2.2	8		
Long term (30+ days)	2,858	20.2	70,299	5.6	15		
Detoxification	861	6.1	10,244	0.8	3		
Hospital Inpatient	753	5.3	14,667	1.2	10	901	1.2
Treatment	547	3.9	8,899	0.7	6		
Detoxification	660	4.7	5,768	0.5	5		
Total	14,148		1,249,629	100.0	40	78,156	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	1,282	100.0
Clients in Facilities with OTPs		
Methadone	330,308	86.4
Buprenorphine	12,513	3.3
Vivitrol®	359	0.1
Clients in Facilities without OTPs		
Buprenorphine	35,635	9.3
Vivitrol®	3,422	0.9
Total	382,237	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	12,774	90.3
Private health insurance	9,250	65.4
Medicare	4,694	33.2
Medicaid	8,335	58.9
State-financed health insurance	5,848	41.3
Federal military insurance	4,650	32.9
No payment accepted	441	3.1
Access to Recovery (ATR) vouchers ²	1,879	13.3
IHS/638 contract care funds	653	4.6
Other payments	608	4.3
Sliding fee scale	8,726	61.7
Treatment at no charge for clients who cannot pay	6,852	48.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	13,353	94.4
State substance abuse agency	11,496	81.3
State mental health department	5,505	38.9
State department of health	6,126	43.3
Hospital licensing authority	987	7.0
The Joint Commission	2,604	18.4
Commission on Accreditation of Rehabilitation Facilities	3,466	24.5
National Committee for Quality Assurance	423	3.0
Council on Accreditation	725	5.1
Other state/local agency/organization	616	4.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	8,034	56.8

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	13,949	98.6
Screening for substance abuse	13,493	95.4
Screening for mental health disorders	10,092	71.3
Comprehensive substance abuse assessment or diagnosis	13,066	92.4
Comprehensive mental health assessment or diagnosis	6,922	48.9
Screening for tobacco use	8,423	59.5
Outreach to persons in the community who may need treatment	8,420	59.5
Interim services for clients when immediate admission is not possible	6,623	46.8
No services offered	180	1.3
Testing	12,536	88.6
Breathalyzer or other blood alcohol testing	8,847	62.5
Drug or alcohol urine screening	12,001	84.8
Screening for Hepatitis B	3,244	22.9
Screening for Hepatitis C	3,481	24.6
HIV testing	4,000	28.3
STD testing	2,959	20.9
TB screening	5,199	36.7
No services offered	1,376	9.7
Counseling	14,018	99.1
Individual counseling	13,826	97.7
Group counseling	13,136	92.8
Family counseling	11,547	81.6
Marital/couples counseling	8,382	59.2
Transitional Services	13,942	98.5
Discharge planning	13,573	95.9
Aftercare/continuing care	12,081	85.4
No services offered	178	1.3
Pharmacotherapies	7,641	54.0
Disulfiram (Antabuse®)	2,392	16.9
Naltrexone (oral)	2,696	19.1
Vivitrol® (injectable Naltrexone)	1,718	12.1
Acamprosate (Campral®)	2,530	17.9
Nicotine replacement	3,219	22.8
Non-nicotine smoking/tobacco cessation medications	2,367	16.7
Medications for psychiatric disorders	5,660	40.0
Methadone	1,635	11.6
Buprenorphine with naloxone (Suboxone®)	2,975	21.0
Buprenorphine without naloxone	1,686	11.9
No services offered	5,824	41.2
Ancillary Services	14,092	99.6
Case management services	11,487	81.2
Social skills development	10,671	75.4
Mentoring/peer support	7,612	53.8
Child care for clients' children	1,004	7.1
Assistance with obtaining social services	8,132	57.5
Employment counseling or training for clients	5,394	38.1
Assistance in locating housing for clients	7,157	50.6

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	5,821	41.1
Early intervention for HIV	3,815	27.0
HIV or AIDS education, counseling, or support	8,202	58.0
Hepatitis education, counseling, or support	6,601	46.7
Health education other than HIV/AIDS or hepatitis	7,656	54.1
Substance abuse education	13,689	96.8
Transportation assistance to treatment	5,919	41.8
Mental health services	9,109	64.4
Acupuncture	643	4.5
Residential beds for clients' children	509	3.6
Self-help groups	6,649	47.0
Smoking cessation counseling	5,808	41.1
No services offered	54	0.4
Other Services	4,192	29.6
Treatment for gambling disorder	2,722	19.2
Treatment for Internet use disorder	1,282	9.1
Treatment for other addiction disorder	3,130	22.1
No services offered	9,059	64.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	13,831	97.8
Relapse prevention	13,303	94.0
Cognitive-behavioral therapy	12,982	91.8
Motivational interviewing	12,494	88.3
Anger management	11,392	80.5
Brief intervention	11,224	79.3
12-step facilitation	10,435	73.8
Trauma-related counseling	10,017	70.8
Contingency management/motivational incentives	7,940	56.1
Rational emotive behavioral therapy (REBT)	6,373	45.0
Matrix Model	5,468	38.6
Community reinforcement plus vouchers	1,624	11.5
Computerized substance abuse treatment/telemedicine	1,723	12.2
Other treatment approaches	1,650	11.7

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	3,082	483
Number of clients ²	97,369	11,795
Number of designated beds	100,417	12,213
Utilization rate ³	97.0	96.6
Average number of designated beds per facility	33	25

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	105
Buprenorphine	15
Vivitrol®	1

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	3,955	28.0
Any language other than English	5,799	41.0

Non-English Language Provided by:

Staff counselor only	1,972	34.0
On-call interpreter only	2,336	40.3
Both staff counselor and on-call interpreter	1,491	25.7

Languages Provided by Staff Counselor:¹

Spanish	3,528	92.2
American Indian/United States Native languages	119	3.1
Other	759	19.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	12,235	86.5
Adult women	6,262	44.3
Clients with co-occurring disorders	6,062	42.8
Adult men	5,456	38.6
Criminal justice clients	4,675	33.0
Adolescents	4,220	29.8
Persons who have experienced trauma	4,141	29.3
DUI/DWI clients	4,105	29.0
Young adults	3,196	22.6
Persons who have experienced domestic violence	2,869	20.3
Persons who have experienced sexual abuse	2,839	20.1
Pregnant or postpartum women	2,362	16.7
Persons with HIV/AIDS	2,039	14.4
Veterans	1,853	13.1
LGBT	1,739	12.3
Seniors or older adults	1,712	12.1
Members of military families	973	6.9
Active duty military	870	6.1
Other	1,255	8.9
No program or group offered	4,554	32.2

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

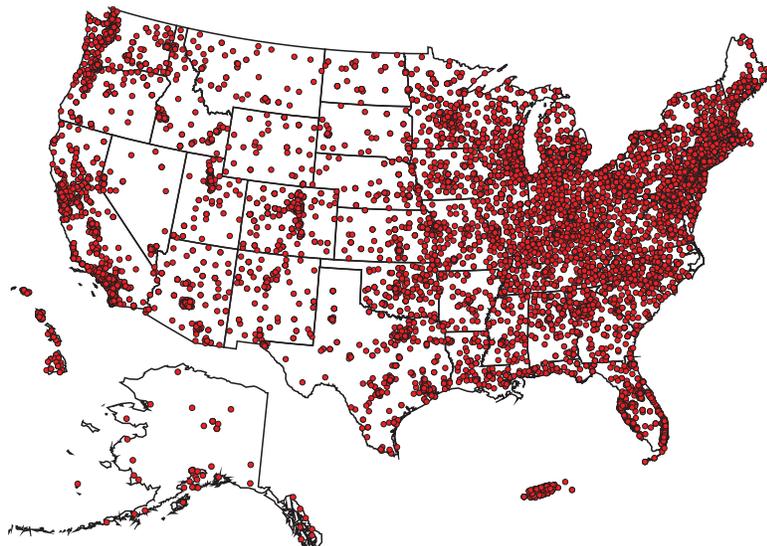
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/