

State Profile - Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Utah**, 120 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 9,732 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Utah** was 95%.

Facility Ownership/Operation			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Private non-profit	52	43%	4,327	45%	560	42%		
Private for-profit	36	30%	2,410	26%	457	34%		
Local government	25	21%	2,386	25%	284	21%		
State government	3	3%	243	3%	20	2%		
Federal government	3	3%	241	3%	2	<1%		
Dept. of Veterans Affairs	1	1%	213	2%	–	–		
Dept. of Defense	1	1%	20	<1%	–	–		
Indian Health Service	1	1%	8	<1%	2	<1%		
Other	–	–	–	–	–	–		
Tribal government	1	1%	25	<1%	6	1%		
Total	120	100%	9,732	100%	1,329	100%		

Primary Focus of Facility			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Substance abuse treatment services	50	42%	4,154	43%	236	18%		
Mental health services	10	8%	560	6%	348	26%		
Mix of mental health & substance abuse treatment services	58	48%	4,972	51%	737	56%		
General health care	1	1%	34	<1%	8	1%		
Other/unknown	1	1%	12	<1%	–	–		
Total	120	100%	9,732	100%	1,329	100%		

Substance Abuse Problem Treated			Clients in Treatment on March 31, 2004					
	Facilities¹		Clients		Clients per 100,000 Pop. Aged 18 and Over			
	No.	%	No.	%				
Clients with both alcohol and drug abuse	107	97%	5,215	54%	251			
Clients with drug abuse only	93	85%	2,785	29%	142			
Clients with alcohol abuse only	91	83%	1,732	18%	85			
Total²	110		9,732	100%	478			

¹ Facilities may be included in more than one category.

² Excludes 10 facilities that were not asked or did not respond to this question.

Type of Care

Clients in Treatment on March 31, 2004

	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
	Outpatient	102	85%	8,695	89%	45	784
Regular outpatient	91	76%	5,784	59%	24		
Intensive outpatient	62	52%	987	10%	12		
Day treatment/partial hospitalization	27	23%	471	5%	7		
Detoxification	14	12%	105	1%	4		
Methadone	7	6%	1,348	14%	150		
Residential	34	28%	991	10%	20	543	40%
Short term	14	12%	68	1%	4		
Long term	30	25%	849	9%	18		
Detoxification	10	8%	74	1%	4		
Hospital Inpatient	4	3%	46	1%	10	2	1%
Rehabilitation	3	3%	29	<1%	12		
Detoxification	4	3%	17	<1%	5		
Total	120		9,732	100%	49	1,329	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	2	29%
Detoxification only	–	–
Both maintenance and detoxification	5	71%
Total	7	100%
Clients in Facilities with OTPs	1,558	
Methadone	1,519	
Buprenorphine	39	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	119	99%
Private health insurance	100	83%
Medicare	52	43%
Medicaid	63	52%
Other State-financed health insurance	49	41%
Federal military insurance	57	48%
No payment accepted	–	–
Other type of payment	18	15%
Sliding fee scale	84	70%
Treatment at no charge for clients who cannot pay	47	39%

Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities ¹	25	3
No. of clients	768	36
Designated beds	876	49
Utilization rate	88%	74%
Designated beds per facility (average)	35	16

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	118	98%
State substance abuse agency	100	83%
State mental health department	70	58%
State public health department/board of health	37	31%
Hospital licensing authority	18	7%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	17	14%
CARF (Rehabilitation Accreditation Commission)	7	6%
NCQA (National Committee for Quality Assurance)	3	3%
COA (Council for Accreditation for Children and Family Services)	2	2%
Other State/Local Agency/Organization	34	28%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	41	34%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	71	59%

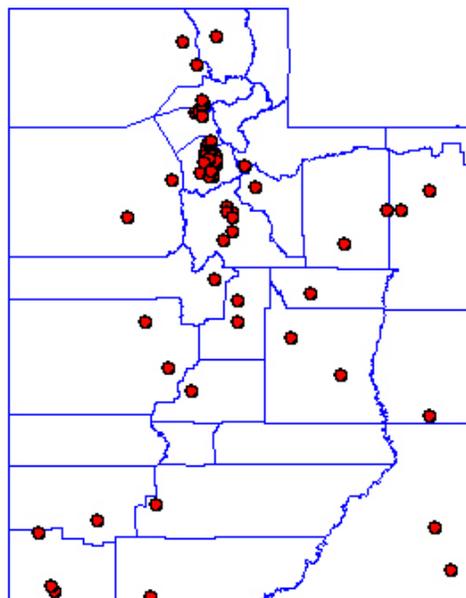
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	106	88%
Adolescents	46	38%
Co-occurring disorders	47	39%
Criminal justice clients	41	34%
Persons with HIV or AIDS	6	5%
Gays and lesbians	8	7%
Seniors or older adults	5	4%
Women	38	32%
Pregnant or postpartum women	16	13%
Men	27	23%
DUI/DWI offenders	55	46%
Other groups	20	17%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	119	99%
Comprehensive substance abuse assessment or diagnosis	119	99%
Comprehensive mental health assessment or diagnosis	79	66%
Substance Abuse Therapy and Counseling	120	100%
Family counseling	103	86%
Group therapy	112	93%
Individual therapy	116	97%
Relapse prevention	96	80%
Aftercare counseling	89	74%
Pharmacotherapies	28	23%
Antabuse	20	17%
Naltrexone	10	8%
Buprenorphine	11	9%
Methadone	7	6%
Testing	95	79%
Breathalyzer or blood alcohol testing	53	44%
Drug or alcohol urine screening	90	75%
Screening for Hepatitis B	26	22%
Screening for Hepatitis C	26	22%
HIV testing	24	20%
STD testing	24	20%
TB screening	41	34%
Transitional Services	103	86%
Assistance with obtaining social services	69	58%
Discharge planning	97	81%
Employment counseling or training	38	32%
Assistance in locating housing	45	38%
Other Services	113	94%
Case management services	92	77%
Child care	18	15%
Domestic violence	56	47%
HIV or AIDS education, counseling or support	35	29%
Outcome follow-up after discharge	57	48%
Transportation assistance to treatment	39	33%
Acupuncture	2	2%
Residential beds for clients' children	5	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	35	29%
Any language other than English	71	59%
Staff counselor	24	34%
On-call interpreter	14	20%
Both staff counselor and on-call interpreter	33	44%
Spanish	51	43%
American Indian/Alaska Native languages	6	5%
Other	9	8%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



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Substance Abuse and Mental Health Services Administration
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www.oas.samhsa.gov