

2017 State Profile — Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Utah, 239 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 14,326 clients in substance abuse treatment on March 31, 2017. The survey response rate in Utah was 94.9 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	58	24.3	4,510	31.5	497	36.4
Private for-profit	151	63.2	7,264	50.7	653	47.8
Local, county, or community government	24	10.0	2,106	14.7	181	13.3
State government	2	0.8	22	0.2	2	0.1
Federal government	2	0.8	275	1.9	—	—
Tribal government	2	0.8	149	1.0	33	2.4
Total	239	100.0	14,326	100.0	1,366	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	206	93.6	6,173	43.1	247
Clients with drug abuse only	179	81.4	6,010	42.0	260
Clients with alcohol abuse only	162	73.6	2,143	15.0	89
Total			14,326	100.0	596

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	192	80.3	12,491	87.2	180	26	697	51.0
Regular	183	76.6	6,658	46.5	38	21		
Intensive	123	51.5	1,640	11.4	1	10		
Day treatment/partial hospitalization	60	25.1	356	2.5	—	6		
Detoxification	26	10.9	92	0.6	2	5		
Methadone maintenance	61	25.5	3,745	26.1	177	15		
Residential (non-hospital)	65	27.2	1,706	11.9	17	16	669	49.0
Short term (<30 days)	44	18.4	437	3.1	—	10		
Long term (30+ days)	63	26.4	1,198	8.4	16	14		
Detoxification	22	9.2	71	0.5	1	1		
Hospital inpatient	8	3.3	129	0.9	—	12	—	—
Treatment	6	2.5	44	0.3	—	4		
Detoxification	5	2.1	85	0.6	—	6		
Total	239		14,326	100.0	180	25	1,366	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	14	1.1
Clients in facilities with OTPs²		
Any MAT	2,785	0.7
Methadone	2,557	0.7
Buprenorphine	224	0.8
Naltrexone	4	0.1
Clients in facilities without OTPs²		
Any MAT	1,619	1.6
Buprenorphine	1,193	1.4
Naltrexone	426	2.2

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	231	96.7
Private health insurance	201	84.1
Medicare	82	34.3
Medicaid	110	46.0
State-financed health insurance	98	41.0
Federal military insurance	119	49.8
No payment accepted	1	0.4
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	37	15.5
Other payments	4	1.7
Sliding fee scale	124	51.9
Treatment at no charge for clients who can't pay	65	27.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	225	94.1
State substance abuse agency	179	74.9
State mental health department	141	59.0
State department of health	136	56.9
Hospital licensing authority	9	3.8
The Joint Commission	64	26.8
Commission on Accreditation of Rehabilitation Facilities	17	7.1
National Committee for Quality Assurance	4	1.7
Council on Accreditation	2	0.8
Healthcare Facilities Accreditation Program	1	0.4
Other state/local agency/organization	12	5.0

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	86	36.0

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	230	96.2
Screening for mental health disorders	201	84.1
Comprehensive substance abuse assessment or diagnosis	222	92.9
Comprehensive mental health assessment or diagnosis	160	66.9
Screening for tobacco use	160	66.9
Outreach to persons in the community who may need treatment	139	58.2
Interim services for clients when immediate admission is not possible	98	41.0
No services offered	—	—
Testing		
Breathalyzer or other blood alcohol testing	138	57.7
Drug or alcohol urine screening	209	87.4
Screening for hepatitis B	46	19.2
Screening for hepatitis C	49	20.5
HIV testing	41	17.2
STD testing	51	21.3
TB screening	99	41.4
No services offered	26	10.9
Counseling		
Individual counseling	236	98.7
Group counseling	231	96.7
Family counseling	215	90.0
Marital/couples counseling	181	75.7
Transitional services		
Discharge planning	227	95.0
Aftercare/continuing care	207	86.6
No services offered	4	1.7
Pharmacotherapies		
Disulfiram (Antabuse®)	69	28.9
Naltrexone (oral)	82	34.3
Extended-release, injectable naltrexone/Vivitrol®	87	36.4
Acamprosate (Campral®)	52	21.8
Nicotine replacement	85	35.6
Non-nicotine smoking/tobacco cessation medications	81	33.9
Medications for psychiatric disorders	127	53.1
Methadone	14	5.9
Buprenorphine with naloxone (Suboxone®)	81	33.9
Buprenorphine without naloxone	64	26.8
Buprenorphine subdermal implant (Probuphine®)	7	2.9
No services offered	84	35.1
Ancillary services		
Case management services	204	85.4
Social skills development	203	84.9
Mentoring/peer support	140	58.6
Child care for clients' children	14	5.9
Assistance with obtaining social services	111	46.4
Employment counseling or training for clients	92	38.5

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	112	46.9
Domestic violence services	116	48.5
Early intervention for HIV	30	12.6
HIV or AIDS education, counseling, or support	58	24.3
Hepatitis education, counseling, or support	66	27.6
Health education other than HIV/AIDS or hepatitis	98	41.0
Substance abuse education	228	95.4
Transportation assistance to treatment	90	37.7
Mental health services	204	85.4
Acupuncture	6	2.5
Residential beds for clients' children	6	2.5
Self-help groups	99	41.4
Smoking/tobacco cessation counseling	145	60.7
No services offered	1	0.4
Other services		
Treatment for gambling disorder	54	22.6
Treatment for Internet use disorder	73	30.5
Treatment for other addiction disorder	135	56.5
No services offered	103	43.1

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	236	98.7
Relapse prevention	232	97.1
Cognitive behavioral therapy	231	96.7
Motivational interviewing	215	90.0
Anger management	211	88.3
Brief intervention	184	77.0
Trauma-related counseling	208	87.0
12-step facilitation	158	66.1
Contingency management/motivational incentives	167	69.9
Dialectical behavior therapy	190	79.5
Rational emotive behavioral therapy	145	60.7
Matrix model	95	39.7
Computerized substance abuse treatment	40	16.7
Community reinforcement plus vouchers	41	17.2
Other treatment approaches	31	13.0

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	46	3
Number of clients ²	1,121	52
Number of designated beds	1,287	51
Utilization rate ³	87.1	102.0
Average number of designated beds per facility	28	17

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	90
Methadone	82
Buprenorphine	7
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	65	27.2
Any language other than English	99	41.4
Non-English language provided by		
Staff counselor only	35	35.4
On-call interpreter only	20	20.2
Both staff counselor and on-call interpreter	44	44.4
Languages provided by staff counselor¹		
Spanish	79	100.0
American Indian/Alaskan Native languages	—	—
Other	14	17.7

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	214	89.5
Adult women	124	51.9
Clients with co-occurring disorders	139	58.2
Adult men	122	51.0
Clients who have experienced trauma	133	55.6
Criminal justice clients	111	46.4
DUI/DWI clients	99	41.4
Young adults	78	32.6
Adolescents	68	28.5
Clients who have experienced domestic violence	97	40.6
Clients who have experienced sexual abuse	98	41.0
Pregnant or postpartum women	50	20.9
Seniors or older adults	53	22.2
LGBT ¹	56	23.4
Veterans	55	23.0
Clients living with HIV/AIDS	40	16.7
Members of military families	36	15.1
Active duty military	34	14.2
Other	6	2.5
No program or group offered	25	10.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

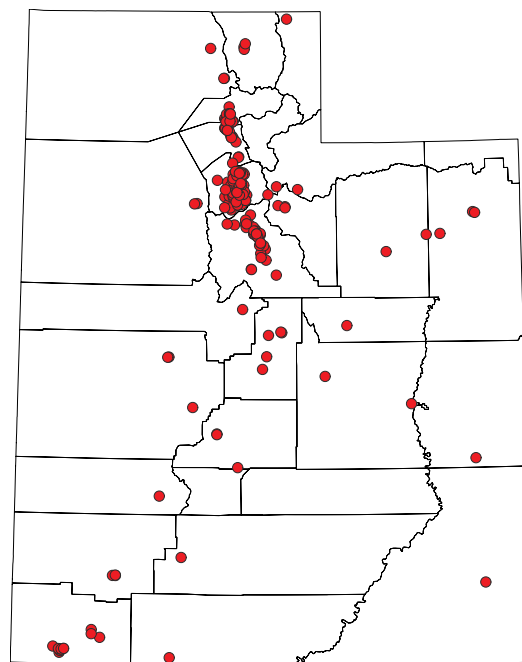
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data