

# State Profile - Virginia

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Virginia**, 195 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 22,298 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Virginia** was 97%.

<b>Facility Ownership/Operation</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Private non-profit	51	26%	3,682	17%	498	19%		
Private for-profit	39	20%	4,507	20%	655	25%		
Local government	74	38%	11,709	53%	1,406	53%		
State government	22	11%	1,358	6%	75	3%		
Federal government	8	4%	1,028	5%	2	<1%		
Dept. of Veterans Affairs	3	2%	542	2%	–	–		
Dept. of Defense	5	3%	486	2%	2	<1%		
Indian Health Service	–	–	–	–	–	–		
Other	–	–	–	–	–	–		
Tribal government	1	1%	14	<1%	–	–		
<b>Total</b>	<b>195</b>	<b>100%</b>	<b>22,298</b>	<b>100%</b>	<b>2,636</b>	<b>100%</b>		

<b>Primary Focus of Facility</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Substance abuse treatment services	76	39%	12,069	54%	974	37%		
Mental health services	23	12%	1,945	9%	622	24%		
Mix of mental health & substance abuse treatment services	91	47%	7,356	33%	999	38%		
General health care	2	1%	90	<1%	–	–		
Other/unknown	3	2%	838	4%	41	2%		
<b>Total</b>	<b>195</b>	<b>100%</b>	<b>22,298</b>	<b>100%</b>	<b>2,636</b>	<b>100%</b>		

<b>Substance Abuse Problem Treated</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities<sup>1</sup></b>		<b>Clients</b>		<b>Clients per 100,000 Pop.</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>Aged 18 and Over</b>			
Clients with both alcohol and drug abuse	158	97%	11,477	52%	187			
Clients with drug abuse only	143	88%	5,924	27%	99			
Clients with alcohol abuse only	148	91%	4,702	21%	77			
<b>Total<sup>2</sup></b>	<b>163</b>		<b>22,103</b>	<b>100%</b>	<b>362</b>			

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Excludes 32 facilities that were not asked or did not respond to this question.

## Type of Care

### Clients in Treatment on March 31, 2004

	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>166</b>	<b>85%</b>	<b>20,919</b>	<b>94%</b>	<b>64</b>	<b>2,297</b>	<b>87%</b>
Regular outpatient	143	73%	15,775	71%	53		
Intensive outpatient	72	37%	1,536	7%	12		
Day treatment/partial hospitalization	27	14%	575	3%	6		
Detoxification	31	16%	171	1%	1		
Methadone	15	8%	2,862	13%	126		
<b>Residential</b>	<b>41</b>	<b>21%</b>	<b>1,228</b>	<b>6%</b>	<b>17</b>	<b>336</b>	<b>12%</b>
Short term	22	1%	348	2%	14		
Long term	27	14%	747	3%	6		
Detoxification	12	6%	133	1%	10		
<b>Hospital Inpatient</b>	<b>22</b>	<b>11%</b>	<b>151</b>	<b>1%</b>	<b>5</b>	<b>3</b>	<b>1%</b>
Rehabilitation	13	7%	66	<1%	3		
Detoxification	21	11%	85	<1%	3		
<b>Total</b>	<b>195</b>		<b>22,298</b>	<b>100%</b>	<b>46</b>	<b>2,636</b>	<b>100%</b>

<sup>1</sup> Facilities may be included in more than one category.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs</b>		
Maintenance only	2	12%
Detoxification only	2	12%
Both maintenance and detoxification	13	76%
<b>Total</b>	<b>17</b>	<b>100%</b>
<b>Clients in Facilities with OTPs</b>	<b>3,049</b>	
Methadone	3,039	
Buprenorphine	10	

## Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	185	95%
Private health insurance	153	79%
Medicare	98	50%
Medicaid	85	44%
Other State-financed health insurance	77	40%
Federal military insurance	125	64%
No payment accepted	3	2%
Other type of payment	18	9%
Sliding fee scale	122	63%
Treatment at no charge for clients who cannot pay	76	39%

## Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities <sup>1</sup>	30	7
No. of clients	704	85
Designated beds	974	130
Utilization rate	72%	65%
Designated beds per facility (average)	32	19

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

## Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	182	93%
State substance abuse agency	141	72%
State mental health department	141	72%
State public health department/board of health	28	14%
Hospital licensing authority	18	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	41	21%
CARF (Rehabilitation Accreditation Commission)	44	23%
NCQA (National Committee for Quality Assurance)	6	3%
COA (Council for Accreditation for Children and Family Services)	2	1%
Other State/Local Agency/Organization	13	7%

## Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	104	53%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	134	69%

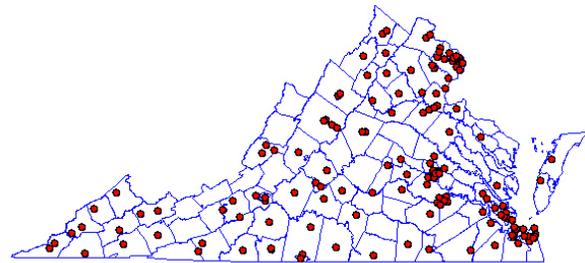
## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	157	81%
Adolescents	67	34%
Co-occurring disorders	77	40%
Criminal justice clients	55	28%
Persons with HIV or AIDS	23	12%
Gays and lesbians	7	4%
Seniors or older adults	8	4%
Women	68	35%
Pregnant or postpartum women	29	15%
Men	42	22%
DUI/DWI offenders	44	23%
Other groups	23	12%

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment Services</b>	<b>183</b>	<b>94%</b>
Comprehensive substance abuse assessment or diagnosis	180	92%
Comprehensive mental health assessment or diagnosis	124	64%
<b>Substance Abuse Therapy and Counseling</b>	<b>151</b>	<b>77%</b>
Group therapy	180	92%
Individual therapy	183	94%
Relapse prevention	158	81%
Aftercare counseling	159	79%
<b>Pharmacotherapies</b>	<b>58</b>	<b>30%</b>
Antabuse	48	25%
Naltrexone	36	18%
Buprenorphine	20	10%
Methadone	22	11%
<b>Testing</b>	<b>185</b>	<b>95%</b>
Breathalyzer or blood alcohol testing	158	81%
Drug or alcohol urine screening	171	88%
Screening for Hepatitis B	51	26%
Screening for Hepatitis C	47	24%
HIV testing	66	34%
STD testing	44	23%
TB screening	72	37%
<b>Transitional Services</b>	<b>184</b>	<b>94%</b>
Assistance with obtaining social services	106	54%
Discharge planning	178	91%
Employment counseling or training	55	28%
Assistance in locating housing	79	41%
<b>Other Services</b>	<b>178</b>	<b>91%</b>
Case management services	152	78%
Child care	13	7%
Domestic violence	59	30%
HIV or AIDS education, counseling or support	98	50%
Outcome follow-up after discharge	85	44%
Transportation assistance to treatment	65	33%
Acupuncture	40	21%
Residential beds for clients' children	5	3%

## Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

## Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	68	35%
Any language other than English	76	39%
Staff counselor	13	17%
On-call interpreter	51	67%
Both staff counselor and on-call interpreter	12	16%
Spanish	23	12%
American Indian/Alaska Native languages	–	–
Other	5	3%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Office of Applied Studies  
[www.oas.samhsa.gov](http://www.oas.samhsa.gov)