

State Profile - Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Vermont**, 37 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 2,668 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Vermont** was 93%.

Facility Ownership/Operation			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Private non-profit	33	89%	2,524	95%	541	99%		
Private for-profit	1	3%	240	1%	7	1%		
Local government	–	–	–	–	–	–		
State government	1	3%	29	1%	–	–		
Federal government	2	5%	75	3%	–	–		
Dept. of Veterans Affairs	2	5%	75	3%	–	–		
Dept. of Defense	–	–	–	–	–	–		
Indian Health Service	–	–	–	–	–	–		
Other	–	–	–	–	–	–		
Tribal government	–	–	–	–	–	–		
Total	37	100%	2,668	100%	548	100%		

Primary Focus of Facility			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Substance abuse treatment services	14	38%	1,210	45%	220	40%		
Mental health services	2	5%	29	1%	–	–		
Mix of mental health & substance abuse treatment services	17	46%	1,270	48%	312	57%		
General health care	1	3%	50	2%	–	–		
Other/unknown	3	8%	109	4%	16	3%		
Total	37	100%	2,668	100%	548	100%		

Substance Abuse Problem Treated			Clients in Treatment on March 31, 2004					
	Facilities¹		Clients		Clients per 100,000 Pop.			
	No.	%	No.	%	Aged 18 and Over			
Clients with both alcohol and drug abuse	34	100%	1,515	57%	242			
Clients with drug abuse only	29	85%	436	16%	77			
Clients with alcohol abuse only	30	88%	717	27%	132			
Total²	34		2,668	100%	451			

¹ Facilities may be included in more than one category.

² Excludes 3 facilities that were not asked or did not respond to this question.

Type of Care

Clients in Treatment on March 31, 2004

	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
	Outpatient	32	87%	2,522	95%	56	541
Regular outpatient	31	84%	2,142	80%	47		
Intensive outpatient	17	46%	219	8%	12		
Day treatment/partial hospitalization	5	45%	49	2%	4		
Detoxification	4	11%	3	<1%	–		
Methadone	1	3%	109	4%	109		
Residential	7	19%	106	4%	17	5	<1%
Short term	4	11%	43	2%	10		
Long term	3	8%	52	2%	18		
Detoxification	4	11%	11	<1%	3		
Hospital Inpatient	3	8%	40	2%	15	2	<1%
Rehabilitation	2	4%	16	1%	8		
Detoxification	3	8%	24	1%	4		
Total	37		2,668	100%	48	548	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	1	50%
Both maintenance and detoxification	1	50%
Total	2	100%
Clients in Facilities with OTPs	124	
Methadone	121	
Buprenorphine	3	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	33	89%
Private health insurance	35	95%
Medicare	21	57%
Medicaid	33	89%
Other State-financed health insurance	26	70%
Federal military insurance	23	62%
No payment accepted	–	–
Other type of payment	3	8%
Sliding fee scale	30	81%
Treatment at no charge for clients who cannot pay	23	62%

Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities ¹	6	1
No. of clients	88	25
Designated beds	103	25
Utilization rate	85%	100%
Designated beds per facility (average)	17	25

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	35	95%
State substance abuse agency	30	81%
State mental health department	17	46%
State public health department/board of health	18	49%
Hospital licensing authority	7	19%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	11	30%
CARF (Rehabilitation Accreditation Commission)	17	45%
NCQA (National Committee for Quality Assurance)	1	3%
COA (Council for Accreditation for Children and Family Services)	1	3%
Other State/Local Agency/Organization	2	5%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	28	76%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	32	87%

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	33	89%
Adolescents	19	51%
Co-occurring disorders	18	49%
Criminal justice clients	13	35%
Persons with HIV or AIDS	3	8%
Gays and lesbians	1	3%
Seniors or older adults	7	19%
Women	21	57%
Pregnant or postpartum women	11	30%
Men	13	35%
DUI/DWI offenders	19	51%
Other groups	6	16%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	37	100%
Comprehensive substance abuse assessment or diagnosis	37	100%
Comprehensive mental health assessment or diagnosis	22	59%
Substance Abuse Therapy and Counseling	37	100%
Family counseling	27	73%
Group therapy	33	89%
Individual therapy	36	97%
Relapse prevention	34	92%
Aftercare counseling	35	95%
Pharmacotherapies	17	46%
Antabuse	15	41%
Naltrexone	15	41%
Buprenorphine	9	24%
Methadone	2	5%
Testing	35	95%
Breathalyzer or blood alcohol testing	25	68%
Drug or alcohol urine screening	33	89%
Screening for Hepatitis B	5	14%
Screening for Hepatitis C	6	16%
HIV testing	6	16%
STD testing	4	11%
TB screening	5	14%
Transitional Services	36	97%
Assistance with obtaining social services	27	73%
Discharge planning	30	81%
Employment counseling or training	10	27%
Assistance in locating housing	16	43%
Other Services	33	89%
Case management services	31	84%
Child care	1	3%
Domestic violence	13	35%
HIV or AIDS education, counseling or support	24	65%
Outcome follow-up after discharge	21	57%
Transportation assistance to treatment	12	32%
Acupuncture	3	8%
Residential beds for clients' children	1	3%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	20	54%
Any language other than English	12	32%
Staff counselor	2	17%
On-call interpreter	4	33%
Both staff counselor and on-call interpreter	6	50%
Spanish	6	16%
American Indian/Alaska Native languages	–	–
Other	5	14%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov>



U. S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov