

2011 State Profile — Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Vermont, 42 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 4,182 clients in substance abuse treatment on March 31, 2011. The survey response rate in Vermont was 100.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	31	73.8	3,353	80.2	290	87.9
Private for-profit	8	19.0	678	16.2	20	6.1
Local, county, or community government	1	2.4	20	0.5	20	6.1
State government	0	0.0	0	0.0	0	0.0
Federal government	2	4.8	131	3.1	0	0.0
Dept. of Veterans Affairs	2	4.8	131	3.1	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	42	100.0	4,182	100.0	330	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	18	42.9	1,986	47.5	31	9.4
Mental health services	1	2.4	20	0.5	20	6.1
Mix of mental health & substance abuse treatment services	21	50.0	2,112	50.5	267	80.9
General health care	1	2.4	24	0.6	0	0.0
Other/unknown	1	2.4	40	1.0	12	3.6
Total	42	100.0	4,182	100.0	330	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	39	95.1	1,763	42.2	308	
Clients with drug abuse only	38	92.7	1,593	38.1	305	
Clients with alcohol abuse only	33	80.5	825	19.7	158	
Total²	41		4,182	100.0	770	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
			No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	36	85.7	3,932	94.0	82	316	95.8	
Regular	36	85.7	2,844	68.0	56			
Intensive	16	38.1	314	7.5	14			
Day treatment/partial hospitalization	4	9.5	103	2.5	24			
Detoxification	5	11.9	15	0.4	5			
Methadone maintenance	9	21.4	656	15.7	68			
Residential (non-hospital)	6	14.3	130	3.1	22	2	0.6	
Short term	2	4.8	51	1.2	26			
Long term	3	7.1	78	1.9	24			
Detoxification	3	7.1	1	0.0	0			
Hospital Inpatient	6	14.3	120	2.9	13	12	3.6	
Treatment	4	9.5	75	1.8	6			
Detoxification	6	14.3	45	1.1	4			
Total	42		4,182	100.0	72	330	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.7
Clients in Facilities with OTPs		
Methadone	553	74.1
Buprenorphine	193	25.9
Total	746	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	40	95.2
Private health insurance	34	81.0
Medicare	26	61.9
Medicaid	38	90.5
Other State-financed health insurance	33	78.6
Federal military insurance	28	66.7
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	2	4.8
No payment accepted	0	0.0
Accepts other payments	0	0.0
Sliding fee scale	35	83.3
Treatment at no charge for clients who cannot pay	26	61.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	39	92.9
State substance abuse agency	37	88.1
State mental health department	22	52.4
State department of health	26	61.9
Hospital licensing authority	5	11.9
The Joint Commission	10	23.8
CARF ²	15	35.7
NCQA ³	2	4.8
COA ⁴	2	4.8
Other State/Local Agency/Org	3	7.1

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	31	73.8

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	42	100.0
Screening for substance abuse	41	97.6
Screening for mental health disorders	35	83.3
Comprehensive substance abuse assessment or diagnosis	41	97.6
Comprehensive mental health assessment or diagnosis	28	66.7
Screening for tobacco use	27	64.3
Outreach to persons in the community who may need treatment	28	66.7
Interim services for clients when immediate admission is not possible	22	52.4
Testing	40	95.2
Breathalyzer or blood alcohol testing	31	73.8
Drug or alcohol urine screening	39	92.9
Screening for Hepatitis B	14	33.3
Screening for Hepatitis C	14	33.3
HIV testing	16	38.1
STD testing	14	33.3
TB screening	15	35.7
Counseling	41	97.6
Individual counseling	41	97.6
Group counseling	41	97.6
Family counseling	38	90.5
Marital/couples counseling	33	78.6
Transitional Services	41	97.6
Discharge planning	39	92.9
Aftercare/continuing care	39	92.9
Pharmacotherapies	32	76.2
Medications for psychiatric disorders	23	54.8
Nicotine replacement	14	33.3
Campral [®]	15	35.7
Antabuse [®]	21	50.0
Naltrexone (oral)	21	50.0
Vivitrol [®] (injectable Naltrexone)	8	19.0
Buprenorphine	17	40.5
Subutex [®] or generic	15	35.7
Suboxone [®]	17	40.5
Methadone	8	19.0
Non-nicotine smoking/tobacco cessation medications	15	35.7
Ancillary Services	42	100.0
Case management services	36	85.7
Social skills development	32	76.2
Mentoring/peer support	22	52.4
Child care for clients' children	1	2.4
Assistance with obtaining social services	34	81.0
Employment counseling or training for clients	18	42.9
Assistance in locating housing for clients	24	57.1
Domestic violence	12	28.6
Early intervention for HIV	18	42.9
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	26	61.9
Hepatitis education, counseling, or support	23	54.8
Health education other than HIV/AIDS or hepatitis	25	59.5
Substance abuse education	42	100.0
Transportation assistance to treatment	14	33.3
Mental health services	34	81.0
Acupuncture	3	7.1
Residential beds for clients' children	1	2.4
Self-help groups	15	35.7
Smoking cessation counseling	19	45.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	40	95.2
Relapse prevention	36	85.7
Cognitive-behavioral therapy	38	90.5
12-step facilitation	31	73.8
Motivational interviewing	38	90.5
Anger management	34	81.0
Brief intervention	33	78.6
Contingency management/motivational incentives	22	52.4
Trauma-related counseling	34	81.0
Rational emotive behavioral therapy (REBT)	12	28.6
Matrix model	15	35.7
Community reinforcement plus vouchers	3	7.1
Other treatment approaches	7	16.7

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	5	4
Number of clients ²	130	112
Number of designated beds	148	130
Utilization rate (%)	87.8	86.2
No. of designated beds/facility (avg.)	30	33

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	34	81.0
Co-occurring disorders	19	45.2
Adult women	18	42.9
Adolescents	14	33.3
DUI/DWI offenders	18	42.9
Criminal justice clients	9	21.4
Adult men	11	26.2
Pregnant or postpartum women	8	19.0
Persons with HIV or AIDS	1	2.4
Seniors or older adults	2	4.8
Lesbian, gay, bisexual, or transgender clients (LGBT)	3	7.1
Other groups	4	9.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	24	57.1
Any language other than English	16	38.1
Non-English Language Provided by:		
On-call interpreter only	14	87.5
Staff counselor only	0	0.0
Both staff counselor and on-call interpreter	2	12.5
Languages Provided by Staff Counselor:¹		
Spanish	2	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	50.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>