

2017 State Profile — Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Vermont, 42 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 7,015 clients in substance abuse treatment on March 31, 2017. The survey response rate in Vermont was 93.8 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	35	83.3	4,702	67.0	346	95.6
Private for-profit	5	11.9	1,691	24.1	16	4.4
Local, county, or community government	—	—	—	—	—	—
State government	—	—	—	—	—	—
Federal government	2	4.8	622	8.9	—	—
Tribal government	—	—	—	—	—	—
Total	42	100.0	7,015	100.0	362	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	38	92.7	2,321	33.1	408
Clients with drug abuse only	38	92.7	3,657	52.1	705
Clients with alcohol abuse only	31	75.6	1,037	14.8	199
Total			7,015	100.0	1,313

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	36	85.7	6,796	96.9	354	98	346	95.6
Regular	33	78.6	2,870	40.9	82	94		
Intensive	15	35.7	218	3.1	23	12		
Day treatment/partial hospitalization	3	7.1	64	0.9	—	10		
Detoxification	3	7.1	15	0.2	—	15		
Methadone maintenance	21	50.0	3,629	51.7	354	16		
Residential (non-hospital)	6	14.3	148	2.1	67	17	8	2.2
Short term (<30 days)	3	7.1	65	0.9	48	17		
Long term (30+ days)	4	9.5	62	0.9	5	17		
Detoxification	3	7.1	21	0.3	14	4		
Hospital inpatient	4	9.5	71	1.0	29	7	8	2.2
Treatment	4	9.5	34	0.5	12	5		
Detoxification	4	9.5	37	0.5	17	2		
Total	42		7,015	100.0	269	55	362	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	11	0.8
Clients in facilities with OTPs²		
Any MAT	3,306	0.8
Methadone	2,151	0.6
Buprenorphine	1,111	4.0
Naltrexone	44	1.3
Clients in facilities without OTPs²		
Any MAT	459	0.4
Buprenorphine	348	0.4
Naltrexone	111	0.6

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	37	88.1
Private health insurance	38	90.5
Medicare	24	57.1
Medicaid	40	95.2
State-financed health insurance	37	88.1
Federal military insurance	25	59.5
No payment accepted	1	2.4
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	3	7.1
Other payments	—	—
Sliding fee scale	28	66.7
Treatment at no charge for clients who can't pay	27	64.3

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	42	100.0
State substance abuse agency	36	85.7
State mental health department	22	52.4
State department of health	32	76.2
Hospital licensing authority	7	16.7
The Joint Commission	13	31.0
Commission on Accreditation of Rehabilitation Facilities	9	21.4
National Committee for Quality Assurance	5	11.9
Council on Accreditation	—	—
Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	1	2.4

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	35	83.3

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	41	97.6
Screening for mental health disorders	37	88.1
Comprehensive substance abuse assessment or diagnosis	41	97.6
Comprehensive mental health assessment or diagnosis	30	71.4
Screening for tobacco use	41	97.6
Outreach to persons in the community who may need treatment	35	83.3
Interim services for clients when immediate admission is not possible	30	71.4
No services offered	—	—
Testing		
Breathalyzer or other blood alcohol testing	27	64.3
Drug or alcohol urine screening	39	92.9
Screening for hepatitis B	17	40.5
Screening for hepatitis C	18	42.9
HIV testing	15	35.7
STD testing	15	35.7
TB screening	17	40.5
No services offered	2	4.8
Counseling		
Individual counseling	40	95.2
Group counseling	41	97.6
Family counseling	39	92.9
Marital/couples counseling	36	85.7
Transitional services		
Discharge planning	41	97.6
Aftercare/continuing care	42	100.0
No services offered	—	—
Pharmacotherapies		
Disulfiram (Antabuse®)	23	54.8
Naltrexone (oral)	25	59.5
Extended-release, injectable naltrexone/Vivitrol®	17	40.5
Acamprosate (Campral®)	19	45.2
Nicotine replacement	22	52.4
Non-nicotine smoking/tobacco cessation medications	18	42.9
Medications for psychiatric disorders	27	64.3
Methadone	9	21.4
Buprenorphine with naloxone (Suboxone®)	25	59.5
Buprenorphine without naloxone	24	57.1
Buprenorphine subdermal implant (Probuphine®)	—	—
No services offered	7	16.7
Ancillary services		
Case management services	40	95.2
Social skills development	38	90.5
Mentoring/peer support	31	73.8
Child care for clients' children	5	11.9
Assistance with obtaining social services	39	92.9
Employment counseling or training for clients	25	59.5

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	34	81.0
Domestic violence services	16	38.1
Early intervention for HIV	12	28.6
HIV or AIDS education, counseling, or support	31	73.8
Hepatitis education, counseling, or support	27	64.3
Health education other than HIV/AIDS or hepatitis	25	59.5
Substance abuse education	41	97.6
Transportation assistance to treatment	24	57.1
Mental health services	34	81.0
Acupuncture	3	7.1
Residential beds for clients' children	1	2.4
Self-help groups	16	38.1
Smoking/tobacco cessation counseling	30	71.4
No services offered	—	—
Other services		
Treatment for gambling disorder	19	45.2
Treatment for Internet use disorder	14	33.3
Treatment for other addiction disorder	26	61.9
No services offered	15	35.7

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	42	100.0
Relapse prevention	42	100.0
Cognitive behavioral therapy	41	97.6
Motivational interviewing	41	97.6
Anger management	37	88.1
Brief intervention	37	88.1
Trauma-related counseling	39	92.9
12-step facilitation	33	78.6
Contingency management/motivational incentives	22	52.4
Dialectical behavior therapy	26	61.9
Rational emotive behavioral therapy	11	26.2
Matrix model	21	50.0
Computerized substance abuse treatment	2	4.8
Community reinforcement plus vouchers	7	16.7
Other treatment approaches	8	19.0

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	5	2
Number of clients ²	131	58
Number of designated beds	123	120
Utilization rate ³	106.5	48.3
Average number of designated beds per facility	25	60

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	530
Methadone	345
Buprenorphine	178
Naltrexone	7

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	28	66.7
Any language other than English	26	61.9
Non-English language provided by		
Staff counselor only	—	—
On-call interpreter only	21	80.8
Both staff counselor and on-call interpreter	5	19.2
Languages provided by staff counselor¹		
Spanish	4	80.0
American Indian/Alaskan Native languages	—	—
Other	3	60.0

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	38	90.5
Adult women	21	50.0
Clients with co-occurring disorders	21	50.0
Adult men	20	47.6
Clients who have experienced trauma	21	50.0
Criminal justice clients	21	50.0
DUI/DWI clients	12	28.6
Young adults	19	45.2
Adolescents	10	23.8
Clients who have experienced domestic violence	12	28.6
Clients who have experienced sexual abuse	8	19.0
Pregnant or postpartum women	16	38.1
Seniors or older adults	7	16.7
LGBT ¹	4	9.5
Veterans	6	14.3
Clients living with HIV/AIDS	3	7.1
Members of military families	3	7.1
Active duty military	4	9.5
Other	3	7.1
No program or group offered	4	9.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

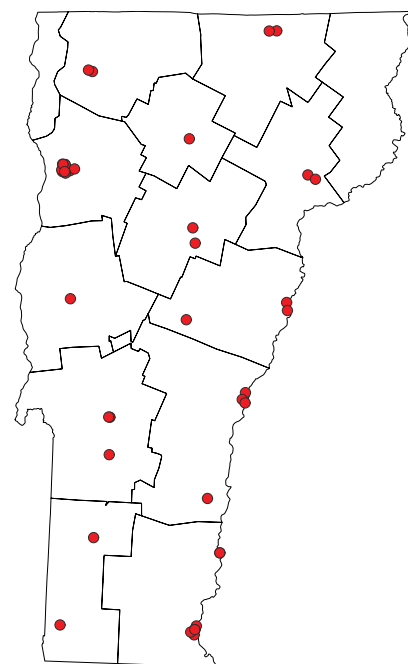
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data