

2017 State Profile — Washington

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Washington, 396 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 43,846 clients in substance abuse treatment on March 31, 2017. The survey response rate in Washington was 89.4 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	176	44.4	21,103	48.1	1,713	71.8
Private for-profit	158	39.9	14,922	34.0	193	8.1
Local, county, or community government	23	5.8	2,990	6.8	256	10.7
State government	5	1.3	346	0.8	152	6.4
Federal government	6	1.5	1,919	4.4	—	—
Tribal government	28	7.1	2,566	5.9	72	3.0
Total	396	100.0	43,846	100.0	2,386	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	354	95.7	18,708	41.0	302
Clients with drug abuse only	307	83.0	18,569	40.7	310
Clients with alcohol abuse only	299	80.8	8,354	18.3	139
Total			45,631	100.0	751

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	346	87.4	41,390	94.4	533	61	2,237	93.8
Regular	342	86.4	18,804	42.9	142	39		
Intensive	298	75.3	10,096	23.0	52	22		
Day treatment/partial hospitalization	22	5.6	94	0.2	—	12		
Detoxification	24	6.1	125	0.3	11	5		
Methadone maintenance	72	18.2	12,271	28.0	371	31		
Residential (non-hospital)	64	16.2	2,265	5.2	20	16	149	6.2
Short term (<30 days)	47	11.9	1,409	3.2	20	18		
Long term (30+ days)	33	8.3	669	1.5	—	15		
Detoxification	18	4.5	187	0.4	—	10		
Hospital inpatient	11	2.8	191	0.4	2	16	—	—
Treatment	8	2.0	83	0.2	—	20		
Detoxification	11	2.8	108	0.2	2	9		
Total	396		43,846	100.0	533	55	2,386	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	25	1.9
Clients in facilities with OTPs²		
Any MAT	11,795	2.8
Methadone	10,903	2.8
Buprenorphine	853	3.1
Naltrexone	39	1.1
Clients in facilities without OTPs²		
Any MAT	4,039	3.9
Buprenorphine	3,817	4.5
Naltrexone	222	1.1

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	358	90.4
Private health insurance	325	82.1
Medicare	80	20.2
Medicaid	267	67.4
State-financed health insurance	216	54.5
Federal military insurance	97	24.5
No payment accepted	5	1.3
Access to Recovery (ATR) vouchers ²	53	13.4
IHS/Tribal/Urban (ITU) funds	81	20.5
Other payments	3	0.8
Sliding fee scale	232	58.6
Treatment at no charge for clients who can't pay	152	38.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	388	98.0
State substance abuse agency	372	93.9
State mental health department	141	35.6
State department of health	297	75.0
Hospital licensing authority	10	2.5
The Joint Commission	51	12.9
Commission on Accreditation of Rehabilitation Facilities	70	17.7
National Committee for Quality Assurance	4	1.0
Council on Accreditation	7	1.8
Healthcare Facilities Accreditation Program	2	0.5
Other state/local agency/organization	4	1.0

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	195	49.2

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	371	93.7
Screening for mental health disorders	270	68.2
Comprehensive substance abuse assessment or diagnosis	380	96.0
Comprehensive mental health assessment or diagnosis	172	43.4
Screening for tobacco use	323	81.6
Outreach to persons in the community who may need treatment	255	64.4
Interim services for clients when immediate admission is not possible	248	62.6
No services offered	4	1.0
Testing		
Breathalyzer or other blood alcohol testing	230	58.1
Drug or alcohol urine screening	386	97.5
Screening for hepatitis B	85	21.5
Screening for hepatitis C	86	21.7
HIV testing	43	10.9
STD testing	45	11.4
TB screening	208	52.5
No services offered	8	2.0
Counseling		
Individual counseling	395	99.7
Group counseling	391	98.7
Family counseling	312	78.8
Marital/couples counseling	197	49.7
Transitional services		
Discharge planning	393	99.2
Aftercare/continuing care	346	87.4
No services offered	—	—
Pharmacotherapies		
Disulfiram (Antabuse®)	45	11.4
Naltrexone (oral)	65	16.4
Extended-release, injectable naltrexone/Vivitrol®	59	14.9
Acamprosate (Campral®)	38	9.6
Nicotine replacement	67	16.9
Non-nicotine smoking/tobacco cessation medications	46	11.6
Medications for psychiatric disorders	122	30.8
Methadone	24	6.1
Buprenorphine with naloxone (Suboxone®)	80	20.2
Buprenorphine without naloxone	41	10.4
Buprenorphine subdermal implant (Probuphine®)	4	1.0
No services offered	229	57.8
Ancillary services		
Case management services	358	90.4
Social skills development	314	79.3
Mentoring/peer support	193	48.7
Child care for clients' children	31	7.8
Assistance with obtaining social services	230	58.1
Employment counseling or training for clients	132	33.3

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	239	60.4
Domestic violence services	119	30.1
Early intervention for HIV	122	30.8
HIV or AIDS education, counseling, or support	238	60.1
Hepatitis education, counseling, or support	208	52.5
Health education other than HIV/AIDS or hepatitis	210	53.0
Substance abuse education	391	98.7
Transportation assistance to treatment	190	48.0
Mental health services	225	56.8
Acupuncture	22	5.6
Residential beds for clients' children	9	2.3
Self-help groups	159	40.2
Smoking/tobacco cessation counseling	213	53.8
No services offered	1	0.3
Other services		
Treatment for gambling disorder	58	14.6
Treatment for Internet use disorder	11	2.8
Treatment for other addiction disorder	49	12.4
No services offered	312	78.8

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	390	98.5
Relapse prevention	385	97.2
Cognitive behavioral therapy	361	91.2
Motivational interviewing	372	93.9
Anger management	244	61.6
Brief intervention	334	84.3
Trauma-related counseling	253	63.9
12-step facilitation	255	64.4
Contingency management/motivational incentives	193	48.7
Dialectical behavior therapy	215	54.3
Rational emotive behavioral therapy	163	41.2
Matrix model	164	41.4
Computerized substance abuse treatment	31	7.8
Community reinforcement plus vouchers	33	8.3
Other treatment approaches	44	11.1

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	61	10
Number of clients ²	2,224	175
Number of designated beds	2,464	242
Utilization rate ³	90.3	72.3
Average number of designated beds per facility	40	24

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	159
Methadone	147
Buprenorphine	12
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	180	45.5
Any language other than English	213	53.8
Non-English language provided by		
Staff counselor only	25	11.7
On-call interpreter only	126	59.2
Both staff counselor and on-call interpreter	62	29.1
Languages provided by staff counselor¹		
Spanish	75	86.2
American Indian/Alaskan Native languages	1	1.1
Other	17	19.5

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	320	80.8
Adult women	167	42.2
Clients with co-occurring disorders	139	35.1
Adult men	143	36.1
Clients who have experienced trauma	92	23.2
Criminal justice clients	97	24.5
DUI/DWI clients	126	31.8
Young adults	93	23.5
Adolescents	115	29.0
Clients who have experienced domestic violence	59	14.9
Clients who have experienced sexual abuse	59	14.9
Pregnant or postpartum women	73	18.4
Seniors or older adults	51	12.9
LGBT ¹	39	9.8
Veterans	42	10.6
Clients living with HIV/AIDS	27	6.8
Members of military families	26	6.6
Active duty military	25	6.3
Other	14	3.5
No program or group offered	76	19.2

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

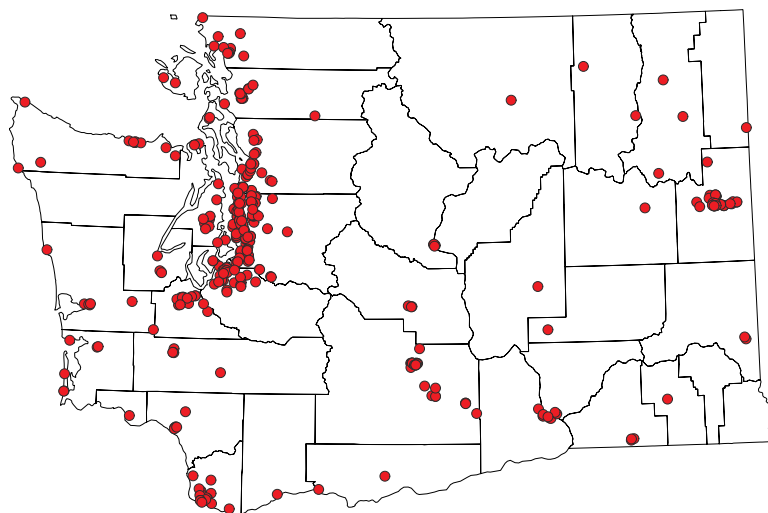
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>